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Quarterly *Newsletter of*

Dr. S. R. Chandrasekhar Institute of Speech & Hearing
(A Project of Lions Club of Bangalore East)

CHANDRASEKHAR INSTITUTE OF SPEECH AND HEARING (DRSRCISH)

A Unit of Bangalore Speech & Hearing Trust (BSHT)

A Project of Lions Club of Bangalore East

Affiliated to Bangalore North University

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Dr. SRC Memorial Award-2024



Chairman's Note

A Heartfelt New Year Greeting to All!

I extend my warmest wishes for a very Happy New Year to everyone. May this year bring abundant joy, success, and growth to all.

I am delighted to share that on **3rd October 2024**, we celebrated the **47th Anniversary of our Institute** along with the **Graduation Day Ceremony**. The event was graced by the esteemed presence of **Pujya Swami Sachidananda Saraswati**, Peetadhipati of Sri Vasavi Peetam and Acharya of Arsha Vidya Gurukulam, USA, as the **Chief Guest**, and **Dr. Ramakrishna Reddy K**, Joint Director of the Bangalore Region, Department of Collegiate Education, as the **Guest of Honour**.

I take immense pride in congratulating **Mrs. Ratna B. Shetty** on receiving the prestigious **Dr. SRC Memorial Award**, and **Mrs. Jalajakshi** for her exemplary service and dedication. Their contributions are an inspiration to us all.

An **Academic Audit** was conducted to evaluate the Institute's programmes based on NAAC criteria. I commend **Dr. Rashmi J. Bhat** and **Ms. Sneha Mareem Varghese** for their outstanding leadership in steering this significant **IQAC initiative**. I also appreciate the efforts of all staff members for their scholarly contributions through publications and presentations. May your work continue to enrich the scientific community.

I welcome **Mr. Basil** as a newly appointed member of our Advisory Board. We look forward to benefiting from your guidance and expertise.

Our students showcased their talents by actively participating in the **BNU Cultural Fest**, earning the title of "**Overall Runner-Up Champions**." Congratulations to all the winners for their incredible achievements!

In our commitment to social responsibility, we are proud to report that our outreach team, in collaboration with **Team DHS**, successfully donated **20 hearing aids** this quarter. I deeply appreciate the efforts of the outreach unit and extend heartfelt gratitude to all our donors and well-wishers for their invaluable contributions.

As we step into the New Year, let us continue to strive for excellence and make meaningful contributions to our community and beyond.

Warm regards,

Lion V.V. Krishna Reddy

Chairman & Director

Bangalore Speech and Hearing Trust

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Vision

A world without activity limitation for persons with communication disorders.

Mission

- Develop need felt world class human resources
- Research that ensures human rights
- Develop clinical services that promote equal opportunities at affordable cost
- Develop cutting edge science and technology to achieve our vision
- Initiate preventive and pre-emptive action to avoid conditions leading to disabilities
- Develop programmes in a whole life perspective and reduce the burden of family members of people with communication disorders
- Create and provide infrastructure, laboratory, library and related facilities as stipulated by University and statutory bodies



ADMISSION OPEN

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B.Sc Psychology Programs &
B.Sc Rehabilitation**

Please contact the Institute for more details on the Eligibility, Admission Procedure and Fees Structure

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Gratitude & Acknowledgement

- Dept. for the Empowerment of Differently Abled & Senior Citizens, Govt. of Karnataka
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Free Service For the Weaker Sections

Donations

We welcome donations in cash or kind as well. Donations to the Institute are exempt U/s 80-G of the Income Tax Act. The cheque or demand draft may kindly be drawn in favour of "Bangalore Speech and Hearing Trust" and mailed to The Director, Dr. S R Chandrasekhar Institute of Speech and Hearing, Hennur Road, Lingarajapuram, Bangalore 84, India.

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Awards & Accolades



Mrs. Ratna B. Shetty received the prestigious **Dr. SRC Memorial Award**.



Mrs. Jalajakshi was felicitated for her exemplary service and dedication.

Founder's Day Celebration & Graduation Day Ceremony

The 47th Founder's Day of the college was celebrated on 3rd October 2024 at 9:30 a.m. at the **Indian Campus Crusade for Christ Auditorium**. The event included a **Donors Meet** and the **Dr. SRC Memorial Award Ceremony**. A total of **64 outgoing students were honored**: 42 undergraduate students, 18 postgraduate students, and 4 diploma students.

The Chief Guest was **Pujya Swami Sachidananda Saraswati Ji**, Peetadhipati of Sri Vasavi Peetam and Acharya of Arsha Vidya Gurukulam, USA. The Guest of Honour was **Dr. Ramakrishna Reddy K.**, Joint Director of the Bangalore Region, Department of Collegiate Education. **Lion V. V. Krishna Reddy**, Chairman and Director of Dr. SRCISH and Bangalore Speech and Hearing Trust, presided over the event. The **Dr. SRC Memorial Award** was conferred on **Mrs. Ratna B. Shetty**, Coordinator of the Mother Training Centre. **Mrs. Jalajakshi** was felicitated for her exemplary service and dedication.

Merit awards were presented to undergraduate and postgraduate toppers (both year-wise and overall). The event concluded with a cultural program featuring performances by children of Sunaad School, the Mothers Training Centre, and college students. Lunch was provided for all staff and students.



Glimpse into the 47th Founder's Day Celebration

Updates from Department of Speech Language Studies

Parent Support Network:

The **14th PSN**, held on 24th October 2024, Ms. Keerthana Anil, Clinical Supervisor Grade 2 at the Dr. S.R. Chandrasekhar Institute of Speech and Hearing, delivered a talk on **“Oro-Motor and Oro-Sensory issues in children”**. She highlighted issues related to oral motor difficulties faced by children, including drooling, difficulty with chewing and swallowing, and aversion to certain textures or temperatures. Real-life examples were shared to help parents identify and understand how these challenges may manifest in their children. The discussion also focused on ways parents can support their children, emphasizing the importance of positive reinforcement and gradual exposure to new textures. The session concluded with suggestions for activities aimed at improving sensory regulation, such as using chewy toys, bubble-blowing, and gentle oral massages. These activities are designed to help children adapt to various sensations, promoting greater sensory comfort and integration.



Ms. Keerthana Anil delivering a talk

The **15th PSN** was conducted on 6th December 2024 Ms. Sreevidhya Palakkot, Clinical Supervisor Grade 1 at the Dr. S.R. Chandrasekhar Institute of Speech and Hearing, delivered a talk on **“Benefits and Challenges of Home Training”**. She emphasized that home training is an integral component of a child's holistic development and that it provides opportunities for children to learn and grow in familiar, comfortable environments where parental involvement plays a pivotal role. The talk highlighted the benefits of home training which included skill development, flexibility, emotional security and reinforcement of therapy goals; and the challenges of home training which included consistency, parental stress, lack of resources and motivation in children. She also provided practical tips on creating engaging home training activities, fostering positive reinforcement, and maintaining a balanced approach to learning at home. The session concluded with a dynamic Q&A segment, where parents sought solutions to their specific challenges.



Ms. Sreevidhya Palakkot delivering a talk

Children's Day Celebration:

The event was held on 14th November 2024, at the **Speech Diagnostics Unit** and **Speech Therapy Unit**, organized by the Department of Speech-Language Studies in collaboration with IQAC. As a token of encouragement, surprise gifts were distributed by Dr. A. Anita Reddy, Head of the Department (Department of Speech Language Studies) and Dr. Madhuri Gore, Professor of Practice, (Department of Hearing Studies) delighting the children and bringing smiles to their faces. The event concluded on a joyful note, leaving children with memories and renewed excitement to celebrate this special occasion.



Children's Day commemoration at Dept. of Speech Language Studies

“Talents and Crafts Club for children with special needs”

The Talents & Crafts Club for Children with Special Needs aims to foster self-expression, creativity, and skill development through various art forms. By enhancing motor skills, cognitive abilities, social interactions, and

Updates from Department of Speech Language Studies

emotional well-being in inclusive environments tailored to each child's needs, the club promotes empathy and understanding.

Session 1: Conducted on 25th October 2024

The event aimed to empower the children through hands-on activities, and encourage parental involvement in their development. It focused on encouraging children and parents through arts and crafts activities tailored to each child's needs and abilities. Activities included **Fish Making** using vibrant paper cutouts,



colours and **Coloring Donald Duck**, which allowed children to enjoy hands-on art while practicing essential skills in a supportive environment, which was entirely guided by **Ms. Dayana**. Parents deeply appreciated the event and noted that the activities were both enjoyable and creative. Several parents also requested more frequent events of this kind, as they found it beneficial for their children's growth and social interaction.

Session 2: Conducted on 20th December 2024

The Talents and Craft Unit event held at our institute was an engaging and creative event, bringing together parents and children to participate in various hands-on activities. It focused on encouraging children and parents through arts and crafts activities tailored to each child's needs and abilities. Activities included



Updates from Department of Speech Language Studies



Santa's Face Making using vibrant paper cutouts, colours and **Christmas Tree**, using straw and colour papers which allowed children to enjoy hands-on art while practicing essential skills in a supportive environment. The hands-on activities, especially **Santa's Face Making** with vibrant paper cutouts and **Christmas Tree**, was appreciated for being both fun and creative. Feedback from participants was overwhelmingly positive.

Fellowship update:

The **8th Fellowship** Program on Speech and Swallowing Rehabilitation following Head and Neck Cancer Surgery commenced on 23rd September 2024, and is currently ongoing with 4 students.

ComDEALL Unit:

Deepawali Festival Celebration:

Deepawali, the festival of lights, was celebrated with great joy at the ComDEALL unit on October 25, 2024. The event was designed to engage both children and parents, allowing them to actively participate in a variety of activities. These engaging activities aimed to instill a sense of responsibility while allowing the children to enjoy the festive spirit in a creative and safe manner. Celebration was concluded by distributing **plant saplings** to promote a safe and green festival.



Deepawali celebration at ComDeall unit

Children's Day Celebration:

Children's Day was celebrated with great enthusiasm at the Com DEALL unit on November 14, 2024. The event was marked by various fun activities designed to engage and delight the children, making it a special occasion for everyone involved. The celebration aimed to honor and appreciate the children, focusing on creating joyful memories and providing a sense of togetherness. The event concluded with a heartwarming gesture as **Dr. Anita Reddy**, Head of the Department of DSLS, distributed gifts to the children. The gifts were a token of appreciation for the children's participation and to celebrate their presence on this significant day.



Children's Day celebration at ComDeall unit

Christmas Celebration:

The ComDEALL unit celebrated Christmas, the festival of joy and holidays, on December 30, 2024. Various activities were organized to engage everyone in the celebrations, making it a memorable occasion for all involved. One of the key highlights of the event was the **gift exchange among the children**. This activity not

Updates from Department of Speech Language Studies

only brought smiles to the faces of the little ones but also encouraged the values of sharing and giving. In addition to the gift exchange, another prominent activity was the making of greetings and wishing cards. The children, with the help of their parents, crafted beautiful cards filled with warm wishes for the holiday season. This creative activity allowed the children to express their festive spirit and spread goodwill through personalized messages, reinforcing the idea of love, kindness, and community during the holiday season.



Notable Mentions:

Dr. A. Anita Reddy (Vice Principal and HOD, DSLS), served as an external examiner for the award of Doctoral Degree , AIISH, University of Mysore, between September to October, 2024.

Dr. S R Chandrasekhar Institute of Speech and Hearing have received the title '**Best Institute for Dysphagia Research Award 2024**' for the scientific session - International Dysphagia Conclave, that took place between 21/11/24 and 23/11/24 at the Rajasthan International Centre, Jaipur.



Ms. Sneha Mareen Varghese (Associate Professor) is appointed as a member of the Board of Studies (UG and PG) of Bangalore City University for a period of three years.

DRCISH receiving the Best Institute for Dysphagia Research Award-2024

Ms. Sneha Mareen Varghese (Associate Professor), **Ms. Deborah Athaide** (Assistant Professor) and **Ms. Prajna Kodagi** (Assistant Professor) are appointed as members of the Board of Examinations (UG and PG) of Bangalore City University a period of one year.

Updates from Department of Hearing Studies

Student Training

Vestibular assessment and hands-on training on vHIT

The Department of Hearing Studies at the Dr. S R Chandrasekhar Institute of Speech & Hearing, in collaboration with IQAC, conducted a **hands-on training program** to orient postgraduate students on assessing the vestibular system and performing vHIT as part of the test battery protocol. Led by **Ms. Dessai Teja Deepak**, Assistant Professor in Audiology, the training covered the importance of vHIT, the steps



Hands-on training on vHIT

Updates from Department of Hearing Studies

involved in conducting the test, the necessity of using vHIT for client assessment, and guidance on interpreting test results. Students gained practical experience using the vHIT instrument (ICS Impulse) and are expected to integrate it into their clinical practice in the coming weeks. The session concluded with a Q&A, where attendees clarified doubts, and the speaker provided detailed responses, ensuring students were well-prepared to perform vHIT as part of their test battery approach.

International Day of Persons with Disabilities

To commemorate the **International Day of Persons with Disabilities**, the Department of Hearing Studies, in collaboration with IQAC as part of the Jagriti initiative, hosted a talk titled "My Journey as a Hearing Aid User" on December 2, 2024. The talk was delivered by **Master Ved Chikarmane**, a former stack holder of the institute and a hearing aid user. Currently an Ambassador of NPPCD and the founder of the **Kivvy Project**, Ved shared his inspiring life experiences, highlighting the challenges he faced in sports, education, and making friends. He also discussed the positive impact hearing aids have had on his life, emphasizing improvements in communication, confidence, and relationships. Additionally, he spoke about the importance of early identification and intervention in hearing impairment. Ved's mother contributed valuable insights, offering advice to other mothers of children with hearing impairment. At the end of the session, attendees were encouraged to ask questions, and the speakers provided thoughtful answers. The talk left many parents of children with hearing impairment feeling more confident and informed about their children's potential.



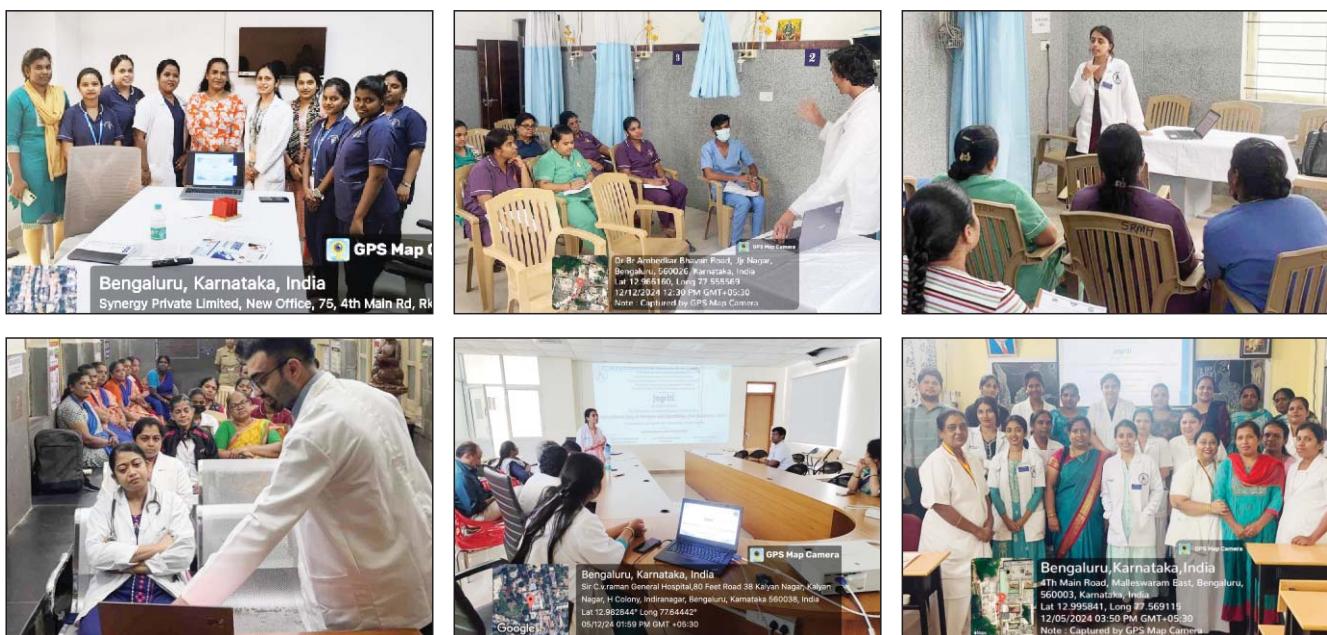
Master Ved Chikarmane delivering a talk

Awareness talk conducted for maternity ward nurses in identifying Hearing Loss and its Role in Language Development

In December 2024, the Department of Hearing Studies organized a series of informative **talks for maternity ward nurses** across various hospitals in Bangalore, focusing on the importance of early identification of hearing loss and its critical role in language development. The talks aimed to educate healthcare professionals on the significance of early detection and intervention for hearing impairments in children, with a special emphasis on the pivotal role nurses play in recognizing the signs. At **Halasuru Referral Hospital** (4/12/2024), **Ms. Sushma P and Ms. Ganavi** highlighted how undiagnosed hearing loss can affect language

Updates from Department of Hearing Studies

development and stressed the need for early screening and parental education. The following day at **Sir C.V. Raman General Hospital** (5/12/2024), **Ms. Rithu Rajan and Ms. Krupa Thanki**, in collaboration with pediatricians and other specialists, educated nurses about congenital issues, including hearing loss, and the importance of monitoring developmental milestones. At **KC General Hospital** (5/12/2024), **Ms. Shravya, Ms. Priyanka Y, and Ms. Ganavi** reinforced the importance of early hearing assessments in preventing speech delays. Later, at **Vinay Multispeciality Hospital** (10/12/2024), **Ms. Deepa and Ms. Diana** discussed the neurological impacts of delayed diagnosis and the vital role nurses play in facilitating timely interventions. The discussion continued at **JJR Nagar Referral Hospital** (12/12/2024) with **Mr. K Nawar Ahammed Siddique, Dr. Nitin Damam, and Ms. Ganavi**, focusing on early detection for speech and cognitive development. The series concluded at **Srirampura BBMP Maternity Hospital** (12/12/2024), where **Mr. K Nawar Ahammed Siddique and Dr. Nitin Damam** emphasized the critical developmental milestones and the key role of nurses in monitoring these stages. Overall, the sessions underscored that nurses are integral to the early identification of hearing loss, which can significantly impact a child's language development and cognitive abilities. Early intervention, supported by well-informed nurses, is crucial to ensuring better developmental outcomes for children.



Faculty delivering Awareness talk at various Maternity wards of various Renowned Hospitals

Hearing Aid Donations:

A total of **20 hearing aids** were donated to 20 individuals with hearing impairment at Institute.



Updates from Department of Hearing Studies

Children's Day Celebration

The AVT Unit of the Department of Hearing Studies, in collaboration with IQAC, celebrated **Children's Day** on 18th November 2024 with enthusiasm, bringing together parents, children, and staff for a joyous and educational event. The day began with an invocation song by Kumari Harini, a five-year-old cochlear implant recipient, setting an uplifting tone. **Prizes were awarded** to children excelling in competitions such as colouring, storytelling, and singing. Dr. Madhuri Gore, Professor & Head of the AVT Unit, delivered an informative talk on the care and maintenance of cochlear implants, highlighting the importance of regular upkeep for optimal performance. This was followed by an engaging session by Dr. Shakila Naidu, Professor of Psychology, on "**Conscious Parenting: How to change ourselves to help our children reach their full potential**," providing strategies for parents to nurture their children's growth. The celebration concluded with a cake-cutting ceremony and distribution of snacks. Parents appreciated the informative talks, particularly Dr. Gore's practical tips on cochlear implants and Dr. Naidu's insights on conscious parenting. The event fostered a sense of community and joy while raising awareness about cochlear implant care and conscious parenting.



Children's Day celebration by the AVT unit

Updates from Outreach Unit

Date	Place	Organiser	Total Tested	Total Referred	Type of Camp
01/10/2024	Chinakurali Pandavapura	MCM	106	69	School
03/10/2024	Ambedkar Bhuvana Pandavapura	MCM	17	10	Public
04/10/2024	Byadrahalli Pandavapura	MCM	50	44	Public

Updates from Outreach Unit

05/10/2024	Kyathanahalli Pandavapura	MCM	53	34	Public
06/10/2024	Kennalu Pandavapura	MCM	15	14	Public
06/10/2024	Srirampura	MCM	37	36	Public
07/10/2024	Kerethannuru Pandavapura	MCM	15	12	Public
08/07/2024	Bettahalli Pandavapura	MCM	40	26	Public
27/10/2024	Krishna Nanda Nagara	MCM	91	64	Public
28/10/2024	Ganganagara Government School	MCM	135	116	School
29/10/2024	Ganganagara Government School	MCM	205	130	School
03/11/2024	Palace Guttahalli	LCB Heritage Malleswaram	48	46	Public
09/11/2024	Central College	Lion Deepak	10	06	Public
10/11/2024	Central College	Lion Deepak	40	37	Public
10/11/2024	Devasandra	LCB-East	65	55	Public
13/11/2024	Peenya Helpage India	Lion Prakash	27	23	Public
17/11/2024	TC Palya	LCB-East	75	41	Public
19/11/2024	Gowribidanur	LCB Gokula	203	98	Public
20/11/2024	Gowribidanur	LCB Gokula	255	144	Public
21/11/2024	Gowribidanur	LCB Gokula	224	104	Public
22/11/2024	SJR PU College	Lion Deepak	50	16	Public
23/11/2024	Nelamangala Factory	LCB-Mega City	63	39	School
24/11/2024	Kothanur	LCB-East	60	31	Public
24/11/2024	Nandhini Layout	LCB-Mega City	63	39	Public
26/11/2024	Karnataka Public School	LCB-Shivashanakar	215	133	School
27/11/2024	Federal Public School	LCB-Heritage	159	94	School
28/11/2024	Federal Public School	LCB-Heritage	193	100	School
1/12/2024	Vimanapura Camp	LCB-EAST	92	43	Public
3/12/2024	Kanteerava Stadium	State Govt Disability Welfare Department	07	04	Public

Updates from Outreach Unit

12/12/2024	GUHPS Rahamat Nagar	MCM	151	74	School
15/12/2024	Helpage India	Lion Suresh	46	32	Public
19/12/2024	Madonna School	Dr. Shamala	66	39	Public
21/12/2024	KGHS Dodda Banaswadi	MCM	157	52	Public
23/12/2024	Sonnenahalli	Lion Deepak	23	11	School



Sneak Peek into Camp Activities

Updates from Department of Psychology

Parent Training Program

A **training session for parents** of children undergoing Developmental Cognitive Behaviour Therapy was held on 30th November. Parents were **educated on various developmental goals**, such as improving gross motor coordination, fine motor skills, and bilateral coordination. Cognitive goals focused on enhancing attention, perceptual motor skills, and concept learning. Behavioral goals included helping children develop sitting behaviour to remain focused and complete tasks. The session aimed to equip parents with strategies for supporting their children's growth.



Updates from Department of Psychology

Diwali Celebration

Diwali was celebrated on 30th October with joy for NIOS, ASD, and Behavior Therapy children. The event featured engaging activities where children enthusiastically colored festive-themed designs, fostering creativity. To enhance the festive spirit, delicious Diwali snacks were distributed, **spreading smiles and warmth**. The celebration created a joyful, inclusive, and memorable experience.

Christmas Celebration

On 20th December 2024, the Department of Psychology hosted a heartwarming **Christmas** celebration for the children. Beginning at 10 am, the event was filled with joy, laughter, and festive cheer. The day featured **exciting games** and delicious food lovingly prepared by the parents. Beautifully graced by the presence of children, parents, and staff, the celebration truly captured the essence of Christmas, creating cherished memories.



Faculty Development

On December 18th, 2024, all staff members attended a workshop titled "**IEP Planning for Intervention in Children with Developmental Disabilities**." The event took place at the ISH Seminar Hall. The workshop was led by **Mrs. Rukmini**, a former special educator at the Spastics Society of Karnataka, who shared her



expertise and insights on developing effective Individualized Education Plans (IEPs) to support children with developmental disabilities in educational settings.

Ms. Diya Vinod from the Department of Psychology gave a presentation on Play Therapy.



Mr. Sumanth from the Department of Psychology gave a presentation on SLD.



Ms. Akila the Department of Psychology gave a presentation on NIOS

Updates from Sunaad School

Celebrations:

On November 1st, **Kannada Rajyotsava** was celebrated with great enthusiasm. The students were informed about the significance of this day, which marks the unification of Kannada-speaking regions in South India to form the state of Karnataka in 1956. The celebration also included the hoisting of the Karnataka flag, symbolizing pride and unity.



On November 14th, **Children's Day** was celebrated with great joy and enthusiasm. The students were educated about the significance of this special day, which marks the birth anniversary of Pandit Jawaharlal Nehru, the first Prime Minister of India, who was known for his deep affection for children. The Guest of Honour, **Mr. Krishnamurthy** from **DDWO**, graced the occasion and inspired the children with an encouraging speech. He also presented prizes to the winners of the sports events organized to commemorate Children's Day and sweets were distributed to everyone.



On November 22nd, the Department of women and child development, Government of Karnataka organized a **Sports Mela** for differently-abled students at Kanteerava Stadium. The event witnessed enthusiastic participation from schools across the region. Sunaad School actively took part in the Band performance and various sports events, showcasing remarkable talent and winning several trophies. The Sports Mela was organized to commemorate World Disability Day, highlighting the importance of inclusivity and celebrating the achievements and abilities of differently-abled individuals.



Samvidhan Divas, also known as **Constitution Day**, was observed on November 26th. Students were educated about the historical and cultural significance of this day, with a focus on its pivotal role in shaping the democratic framework of the nation. As part of the observance, all students participated in taking an oath, reaffirming their commitment to uphold the values and principles embedded in the Indian Constitution.



National Pollution Control Day was observed on December 2nd to raise awareness about the dangers of pollution and the measures needed to prevent industrial accidents. On this occasion, students were educated about various types of pollution and the significant harm they can cause. A special focus was given on preventing industrial disasters, with the "Bhopal Gas Tragedy" being highlighted as a key example.



World Disabled Day, also known as the International Day of Persons with Disabilities, was celebrated on December 3rd at the Sree Kanteerava Indoor Stadium. The event was graced by Honourable Chief Minister, Siddaramaiah, and Deputy Chief Minister, D.K. Shivakumar, who served as the guests of honor. Sunaad School also took part in this important event, contributing to the celebration and raising awareness about the rights and challenges faced by individuals with disabilities.

Updates from Sunaad School

On November 4th, **Navy Day** was observed, and students were given an insightful explanation about the crucial role played by the Indian Navy. They were informed about how the Navy is responsible for safeguarding the country's marine borders and how it plays a significant role in strengthening India's international relations.



On December 5, **International Soil Day** was observed. Students were taught about the importance of soil conservation and the need for healthy soil. Awareness was raised about sustainable soil management practices.



Mahaparinirvan Din, observed on December 6th, marks the death anniversary of Dr. B.R. Ambedkar, a social reformer, jurist, and the principal architect of the Indian Constitution. Students were informed about Dr. Ambedkar's tireless fight against caste-based discrimination and his work to uplift marginalized communities.



Human Rights Day was observed on December 10th to highlight the significance of human rights for all individuals around the world. Students were informed that this day serves as an opportunity to raise awareness about the rights that every person is entitled to and the critical importance of safeguarding these rights.



December 14th Rajyostava Day was celebrated by the Banaswadi police at our Auditorium, our students performed dances, and many schools were invited to perform different programs. All the participants were given gifts for participation



On December 20, **Christmas** was celebrated. A beautifully crafted crib was set up, symbolizing the birth of Jesus Christ. The students were explained about the significance and true meaning of Christmas. To add to the festive cheer, Santa Claus made a delightful appearance, bringing joy and excitement to the children. He distributed sweets, which the children thoroughly enjoyed



Training/Seminar/Workshop:

On November 6th, **Microsoft conducted a session** on using **MS Excel**, **MS Paint**, and email communication, offered both online and offline. The session equipped students with essential digital skills, including creating Gmail accounts and sending email attachments, valuable for their academic and personal growth. This comprehensive workshop provided a strong foundation in digital tools, combining theoretical knowledge with practical application to enhance their future endeavors.



Updates from Sunaad School

On November 19th, 2024, TMF volunteers organized an insightful workshop on cyber security for high school students and Teachers. The session was aimed to raise awareness about common online threats, scams, and the importance of protecting personal information in the digital age. Through engaging discussions and practical tips, participants learned how to identify potential risks, secure their digital presence, and navigate the internet safely. This session empowered attendees to become more vigilant and proactive in ensuring their cyber security.



On November 21, 2024, Microsoft conducted an AI session led by Mr. Vikram and coordinated by Mr. Deva. The session aimed to introduce high school students and teachers to the various applications of Copilot. It provided an engaging platform to explore practical use cases and demonstrate how AI tools like Copilot can be effectively integrated into educational settings.



November 2024, Akshada Foundation, in collaboration with Sunaad School, initiated a three-month workshop focused on life skills training and introductory computer education for students of 8th and 9th grade. This initiative aims to equip students with essential skills to enhance their personal development, decision-making abilities, and basic digital literacy, preparing them for future academic and professional challenges.



On December 19th, the BEO of Bangalore North-3 organized an orientation program at the ISH Auditorium for Headmasters, teachers, and parents of government schools in the Bangalore rural district. The program aimed to provide valuable insights on inclusive education. Resource persons from the school, MTC, and the Institute were invited to speak on various aspects of inclusive education, sharing their expertise and knowledge to enhance understanding and support for inclusive practices in schools.



Sports/Competitions:

On November 9th, a series of sports events were organized as part of the Children's Day celebrations. All the children enthusiastically participated in various games and sports, showcasing their energy and competitive spirit. The winners were awarded medals on Children's Day to recognize their achievements and encourage their efforts.



A drawing competition was organized at Koramangala by the LIONS LADYBIRDS, providing an excellent platform for students to showcase their creativity and artistic talent. Sunaad School students actively participated in the event and excelled and won cash prizes of Rs 1500 and Rs 1000, respectively.



On November 26th, the District Deputy Welfare Office (DDWO) organized a Cultural and Drawing Mela at the Sambraham Auditorium. The event featured a variety of artistic and cultural activities. Students from Sunaad School actively participated in the event, showcasing their talent and enthusiasm. All participants were recognized for their contributions and presented with gifts as tokens of appreciation.



Updates from Sunaad School

On November 30th, a "Wealth out of Waste" competition was organized as part of the monthly series of age-wise competitions. The event aimed to encourage creativity and promote environmental awareness by transforming waste materials into useful and artistic creations. Students from all age groups enthusiastically participated, showcasing their innovative ideas and crafting skills. The competition concluded with the announcement of winners, who were recognized for their outstanding efforts and creativity.



A walkathon was organized by **Samarthanam Trust** on December 14th at the **Rani Kittur Chennamma Stadium**. Students from Sunaad School actively participated in the event. The walkathon aimed to promote awareness and support for a meaningful cause, bringing together students and community members for a day.

Visitors:

The International President of the Lions Club, **Lion Fabrico Oliveria**, and **Mrs. Amariles Olivera**, accompanied by **Lion V.V. Krishna Reddy**, Chairman and Director of the Bangalore Speech and Hearing Trust, visited the school. They were delighted to meet and interact with the students. During their visit, they expressed their appreciation for the children and commended the school's efforts in nurturing their potential.



Updates from Sign Language Unit

Online sign language classes were conducted for 11 students at 'A' and 'B' levels from Monday to Friday, with each session lasting one hour. Additionally, offline classes were held for four students. The unit enrolled four new students in October, November, and December 2024. Sign language classes were conducted for students of Sunaad School, focusing on grades 4 through 10. These offline sessions were held on Mondays and Thursdays. Moreover, offline sign language classes were also conducted for students in the 2nd year of the D.Ed. program and the 1st year of the BASLP (Bachelor of Audiology and Speech-Language Pathology) course.



The MTC was closed from October 4th to 20th for the holidays. During this time, Whatsapp groups were formed, including dedicated groups for counsellors. The counselors actively monitored and guided the mothers to ensure that the children remained engaged, and language stimulation continued even during the break. These efforts helped maintain the children's learning and development throughout the holiday period.

Celebrations:

On October 3rd, the institute celebrated **Founder's Day**. The children from MTC participated in a cultural program and performed an action song in honor of the occasion. During the event, **Mrs. Ratna Shetty** was presented with the prestigious **Dr. S. R. C. Memorial Award** for her outstanding contributions in teaching hearing-impaired children.



Updates from Mothers Training Centre

On October 30th, the **Deepavali festival** was celebrated with great enthusiasm at the center. Goddess Lakshmi was worshipped in a special ceremony. Senior parents, students, the Administrator, and the staff of Sunaad School all attended the Pooja. The District Development and Welfare Officer (D.D.W.O.) visited for an inspection and also participated in the Pooja. He interacted with the parents, and prasadam was distributed to everyone. Later, the children were allowed to burst crackers under the strict supervision of the staff, ensuring safety. To help the children understand the significance of Deepavali, the mythological story of Narakasura and Balindra was shared, highlighting the cultural and spiritual importance of the festival.



On November 19th, the center observed the **Birth Anniversary of Indira Gandhi**, the former Prime Minister of India, paying tribute to her remarkable legacy. Mr. Jayaram, along with the children, offered floral tributes to honor her. Mrs. Ratna Shetty took the opportunity to brief the mothers about Indira Gandhi's significant contributions to India's development, highlighting her role in shaping the nation's progress. This session not only celebrated her life but also provided valuable insights into her leadership and vision, inspiring all present.



On December 3rd, children and mothers, accompanied by counselors, participated in the **World Disability Day** celebration at Kanteerava Stadium. The event aimed to promote awareness, inclusivity, and support for individuals with disabilities.



On December 24th, the **Christmas festival** was celebrated with great enthusiasm. A traditional crib was beautifully crafted and decorated alongside a sparkling Christmas tree, creating a festive atmosphere. The children performed an engaging skit depicting the birth of Jesus Christ. The celebration was graced by the presence of Mrs. Shakila Naidu and Dr. Nithin K. Daman, who extended their heartfelt wishes to the children and their parents. Adding to the joy, Santa Claus made a delightful appearance, distributing lovely gifts to the children.



Visitors:

On October 28th, the **Joint Director, Mr. Nataraj**, visited the center. He took the opportunity to interact with both the children and their mothers while also observing the overall functioning of the unit.



On December 5th, **Dr. Chandrika, Deputy Director of the Department of Health and Family Welfare**, along with Dr.

Updates from Mothers Training Centre

Roopa, visited the institute to gather firsthand information about the progress of children who have undergone cochlear implant (CI) surgery under the **RBSK Scheme** since 2017. Later, **Dr. Chandrika** visited MTC, where she had the opportunity to interact with both the mothers and the children. She expressed great happiness and satisfaction upon seeing the remarkable progress the children had made, particularly with the active involvement and dedication of their mothers.

Sports:

Sports competitions were held for the students in celebration of **Children's Day**. On November 4th, the event was celebrated in conjunction with Sunaad School. The Chief Guests for the occasion were **Mr. Krishna Moorthy, D.D.W.O** of Bangalore Urban, and **Dr. Ramesh**, along with **Dr. Rashmi J Bhat**, presided over the function. The ceremony began with a prayer led by Kumari Sinchana, Master Jishnu, Master Kanchan, and



Master Vismith. The children also participated enthusiastically in an action song. After the sports competitions, the guests distributed prizes to the winners, celebrating their achievements. Following this, the guests and children together cut the cake after garlanding the portrait of Jawaharlal Nehru.

Field Trip:

On 15th November, the children, along with their mothers, were taken on a **field trip** to the **GKV Krishi Mela**. During the visit, the children had the opportunity to explore a variety of food crops, vegetables, fruit plants, oilseed plants, and more. They also observed various domestic animals and poultry, gaining firsthand knowledge of farm life and agriculture. Mrs. Mamatha B.V., Mrs. Manjula, and Ms. Priya accompanied the group and provided informative explanations about the Krishi Mela, helping the children understand the significance of farming and the agricultural practices showcased at the event.



Workshops/Seminars:

On November 8th, **Mrs. Ratna B. Shetty** and **Mrs. Mamatha B.V.** attended an orientation program for mothers of children with cochlear implants, held at Victoria Hospital. They served as resource persons for the event, which was attended by around 100 parents. Later **Miss Namana Jain**, accompanied by her mother, **Mrs. Shilpa Jain**, visited the center. Miss Namana shared her personal experiences at MTC and offered valuable advice to the mothers, encouraging them to work with wholehearted dedication in their children's training.



Updates from Mothers Training Centre

On December 19th, Mrs. Ratna Shetty and Mrs. Mamatha B.V. participated in an awareness program organized by the **Block Education Officer (B.E.O.)** of Bangalore North. The program was specifically designed for headmasters, administrators, and parents of children with special needs. During the event, **Mrs. Ratna Shetty** conducted a live demonstration and spoke about strategies for language development in children with hearing impairments (HI). She emphasized methods to facilitate their inclusion in regular schools, highlighting practical approaches to create an inclusive learning environment.



Occupational and Physiotherapy Unit

Dasara Celebration

The Physiotherapy Unit of the Psychology Department **celebrated Dasara** on October 10th, 2024. Children attending Physiotherapy and Occupational Therapy sessions, along with their parents, were invited to join the celebration. Fun activities were organized for the children, followed by the **Sharada Pooja**. Staff members from other departments also attended the Pooja, which added to the festive atmosphere and made the celebration more memorable and inclusive for everyone involved.



Christmas Celebration

On December 23rd, 2024, the Physiotherapy Unit of the Psychology Department **celebrated Christmas**. Children receiving Physiotherapy and Occupational Therapy, along with their parents, were invited to take part in the festivities. A variety of fun activities were arranged for the children, fostering a cheerful atmosphere. The event offered a chance for families to unite, embrace the holiday spirit, and engage in enjoyable activities that contributed to the overall festive mood.



Updates from Internal Quality Assurance Cell

SHRESHT Committee

The interclass group singing competition was organized by the SHRESHT committee in association with IQAC on 14th November 2024 in the college auditorium aimed to foster personal growth, build confidence, and uncover musical talents. With 115 students and 25 staff participants, the event featured 10 dynamic performances. The M.Sc. group claimed first place, followed by 1st Year BASLP. Judged by Ms. Vaishnavi and Ms. Christina, the competition celebrated artistry, teamwork, and perseverance, leaving a lasting impact and inspiring future artistic endeavors. Ms. Rajeshwari M N, expressed gratitude to the participants, judges, and organizing committee.



Inter Class Group Singing Competition

Student Welfare Committee

The Student Welfare Committee hosted MASTI, a student-staff engagement program, on December 17, 2024. The theme "Word Canvas" featured engaging word puzzles. Participants were divided into four teams, fostering collaboration and teamwork. Feedback was overwhelmingly positive, with attendees finding the event both interesting and enjoyable. They appreciated how the program encouraged discussion and teamwork, making it a memorable experience for everyone involved.



Glimpse of the MASTI Event

Updates from Internal Quality Assurance Cell



Academic Audit

On November 20, 2024, an academic audit was conducted with external auditor Ms. Srita, the IQAC Coordinator from Montfort College. During this audit, she reviewed documents, interacted with faculty and students, and assessed the institute's programs based on the NAAC criteria. She also offered constructive feedback, suggestions for new programs, and praised the IQAC core team for their dedicated efforts to enhance academic quality.



External Auditor Ms. Srita scrutinising the documents

Talk on "She Invests Smart" by WE Committee

The Women Empowerment Committee, in association with the IQAC of Dr. S. R. Chandrasekhar Institute of Speech and Hearing, hosted a session titled "SHE INVESTS SMART" on November 21, 2024. The session featured **Mr. Rohit Kuncham Mohan Raj**, CEO of Alpha Financial Services, as the guest speaker. It emphasized the importance of financial independence, wealth creation, long-term security, and economic empowerment for women. A key takeaway from the session was the practical advice on investment opportunities and strategies to foster financial growth.

Updates from Internal Quality Assurance Cell



Mr. Rohit enlightening staff & students on investments

Alumni Committee

On 28th November 2024, the Alumni Committee in association with IQAC hosted 'Alumni Connect' with Ms. Thulasi Prasad, Senior Speech Language Therapist from Singapore. She discussed AAC, its types, technological advancements, and collaborative approaches. The session also addressed challenges and solutions, concluding with real-life examples of AAC's positive impact.



The annual alumni meet of Dr. SRC Institute of Speech and Hearing was held on December 7, 2024, in collaboration with IQAC. The event featured a meet-and-greet, re-elections for the Alumni Association's executive committee, and discussions on alumni activities for 2025. New EC members were elected.



Physical Fitness Sessions

A series of **fitness sessions** were conducted in association with IQAC for both undergraduates and postgraduates in the following dates 01/10/2024 (all undergraduate batches), 15/10/2024 (all undergraduate batches), 26/11/2024 (all post graduate batches) and 24/12/2024 (all post graduate batches). The students were made to follow the exercises. The sessions commenced with a few stretching exercises which helped in warming them up for the program and that was followed by a vigorous exercise program. Music was added which enhanced the effectiveness of the session. The students actively participated in the session and enjoyed it thoroughly.

Updates from Internal Quality Assurance Cell



A peek into the Fitness Sessions

NSS Update

Dr. B. Vasantha Shetty, Deputy Director, Rajiv Gandhi Institute of Health Sciences, Karnataka, oriented students on 26th October 2024 about NSS's role in fostering social responsibility, teamwork, and leadership. Highlighting activities like community clean-ups and health awareness, the session inspired **54 volunteers** to embrace service for personal and societal growth.



Dr. B. Vasantha Shetty, Deputy Director, Rajiv Gandhi Institute addressing students

A **blood donation camp** was held on 7th November 2024 at the institute in collaboration with **Lions Blood Centre, Bhagawan Mahaveer Jain Hospital**, Vasanthnagar. The initiative encouraged students and staff to contribute to saving lives, fostering a sense of community and responsibility through voluntary blood donation.



Updates from Internal Quality Assurance Cell

A plantation drive was held on 15th November 2024 at a Government Lower Primary School to promote green spaces and environmental responsibility. Mr. Prajwal Sajjan K.S conducted an engaging orientation, emphasizing plants' role in sustaining life and improving air quality. NSS volunteers and children enthusiastically planted saplings, fostering a love for nature and gardening. The initiative aimed to create a healthier environment while inspiring young minds to value and protect nature.



The NSS unit participated in the **Disability Day Program** on 3rd December 2024 at Kanteerava Indoor Stadium, organized by the Department for the Empowerment of Differently Abled and Senior Citizens, Government of Karnataka. Volunteers assisted with venue organization, wheelchair movement, and refreshment distribution. Presided by the **Chief Minister** and **Deputy Chief Minister**, the event highlighted NSS volunteers' enthusiasm and selfless service, earning them widespread appreciation.



On 14th December 2024 the NSS unit participated in a **Walkathon** at Kittur Rani Chennamma Stadium to empower persons with disabilities. Inaugurated by **Kannada actor Dolly Dhananjay**, the event saw participation from various NGOs. NSS volunteers guided Sunaad School students, mobilized other schools, and applied their knowledge to assist individuals with disabilities, making the 2 km walkathon inside and outside the stadium a meaningful and impactful event.



NSS Unit of DRSRCISH participating in Walkathon

Updates from College Office

1. We are happy to announce that the PhD students, **Mr. Nitish Ranjan Patel** and **Ms. Havilah Jayakumar**, have been selected as candidates for the **PhD program** under the guidance of **Dr. Rashmi J. Bhat**.
2. Results of the following UG and PG semester examinations were announced by Bengaluru North University during this quarter.
 - I & II semester (2023-24 batch), III & IV semester (2022-23 batch), V & VI semester (2021-22 batch), Internship (7th & 8th sem) 2020-21 batch
 - I semester PG results of 2023-24 batch and III semester results of 2022-23 batch were announced.

Updates from College Office

Constitutional Day Celebration

Our college celebrated **Constitution Day** on **26th November 2024**. Students gathered in the auditorium, where the Vice Principal read the Preamble. The event highlighted the importance of the Constitution, fostering awareness and pride among students. It concluded with discussions on constitutional values and their relevance.



Updates from Administrative Office

Visitors:

On December 14, 2024, **Lion Fabrico Oliveria**, the International President of Lions International, accompanied by Mrs. Anariles Oliveria, visited the institute. They were joined by **Lion V.V. Krishna Reddy**, Chairman and Director; **CA D.L. Suresh Babu**, Secretary; and **Lion V.S. Santhavardhan** of the Bangalore Speech and Hearing Trust. During their visit, the distinguished guests visited all the departments, including the MTC and Sunaad School. Lion Fabrico Oliveria expressed immense satisfaction and appreciation for the exceptional service and dedication demonstrated by the institute in supporting persons with speech and hearing impairments.



Management Committee Members Initiative: Providing Health Drink to Enhance the Well-Being of Students at the Institute.

On December 14th, 2024, MCM launched a commendable initiative to provide **health drink** to all students enrolled in the BASLP (Bachelor of Audiology and Speech-Language Pathology) program, M.Sc, and Internship students at the institute every morning at 11 o'clock. This effort is aimed at improving the overall health and well-being of individuals within the institution. The health drink, Saisure nutrition, which is rich in essential nutrients, vitamins, and minerals, is intended to enhance immunity, boost energy levels, and improve focus and concentration. By offering this regular supplement, MCM seeks to address common issues such as fatigue, stress, and reduced immunity, which often affect students due to their demanding schedules.



Health drink being distributed at College Campus

Updates from DrSRC'S SASH

Kannada Rajyotsava

On 9th November 2024, **Kannada Rajyotsava** was celebrated, marking the formation of the state of Karnataka in 1956. The event was filled with cultural performances, speeches, and a grand display of Karnataka's rich heritage. Students and faculties came together to honor the language, culture, and traditions of Karnataka. Students performed traditional dances, and songs were sung by staff and students celebrating the beauty of the Kannada language. Games were organized for staff and students focused on Karnataka's history and culture. These activities aimed to engage students and deepen their knowledge about Karnataka's heritage. The event brought the college community together, creating memories and inspiring a commitment to uphold Kannada traditions.



Bangalore North University Sports

BNU organized an exciting sports event on the 28th and 29th of November 2024, aimed at promoting physical fitness, teamwork, and student engagement. Held at **Sir M. Visvesvaraya Stadium**, the event brought together students from various colleges to participate in a variety of sports activities. Students of Dr. SRC have actively participated in various sports. The BNU sports event was a resounding success, highlighting the significance of extracurricular activities in fostering a well-rounded educational environment.



Bangalore North University Culturals

BNU organized a vibrant cultural fest on December 2nd and 3rd, uniting students to showcase their talents and celebrate diversity. Hosted at an Asian engineering and management college, the event featured an array of cultural performances. Students enthusiastically participated in traditional dances, musical acts, plays, quizzes, on-the-spot painting, clay modeling, classical instrumentals, mime, group songs (both Western and Indian), poster making, and debates. Their remarkable performances earned them the prestigious title of "Overall Runner-Up Champions".

Updates from DrSRC'S SASH



Christmas Celebration

Christmas was joyfully celebrated at Dr. S.R. Chandrasekhar Institute of Speech and Hearing on December 19th, 2024, with an event titled '*Snowfall Soiree 24*'. The celebration was filled with music, joy, and festive cheer. The event began with a brief introduction highlighting the significance of Christmas, followed by beautiful carol performances by the students. A Christmas play depicting the birth of Jesus was then performed theatrically by the students, showcasing their talent. Another round of melodious carols was sung, followed by a lively dance performance and fun games for both staff and students. The event concluded with a heartfelt vote of thanks and the distribution of cake to students, staff, and helping staff, leaving everyone with cherished memories of the celebration.



Professional Development

Scientific Paper publications:

1. Gupta, B. (2024). Sex Education Training as Capacity Building Tool for Mothers and their Children with Intellectual Disability: A Qualitative Study. *Journal of Psychosexual Health*, 6(3), 251-257.

Invited talks/Chairperson/Moderator/Reviewer Invites

SL No	Date	Details	Faculty	Organized by/ Reviewer for/ Moderated at/Talk given at
1	17/10/24	Served as a reviewer for abstracts belonged to oral speech category scientific paper presentation	Ms. Prajna Kodgi (Assistant Professor, DSLS)	Reviewer for the upcoming 56th National Conference of Indian Speech and Hearing Association.
2	21/11/24 - 23/11/24	Chaired the session on Global Collaboration on Dysphagia	Dr. B. S. Premalatha (Professor of Practice, DSLS)	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
3	4/12/24, 5/12/24 & 12/12/24	Delivered a talk on "Sensitisation program for maternity ward nurses on Early Identification and Rehabilitation"	Ms. Ganavi Shetty (Speech Language Pathologist, Grade 2, DSLS)	Ulsoor Referral Hospital, JJR Hospital, and K C General hospital, Bangalore
4	10/12/24	Delivered a talk on "Sensitisation program for maternity ward nurses on Early Identification and Rehabilitation"	Ms. Dayana Saldanha (Speech Language Pathologist, Grade 1, DSLS)	Vinay Multi Speciality Hospital, Hennur Main Road, Bangalore
5	11/12/24& 12/12/24	Served as a resource person and presented the Keynote Speech on" Evolution of feeding and swallowing therapy to what we do today" in the First National Conference on Feeding and Swallowing Therapy	Dr. B. S. Premalatha (Professor of Practice, DSLS)	Centre of swallowing disorders All India Institute of Speech and Hearing, Mysore
6	11/12/24 & 12/12/24	Served as the chairperson for Oral presentation, poster presentations in the First National Conference on Feeding and Swallowing Therapy	Dr. B. S. Premalatha (Professor of Practice, DSLS)	Centre of swallowing disorders All India Institute of Speech and Hearing, Mysore
7	27/10/24	Served as a panelist on the topic "Establishing effective redressal systems" Institutional perspective on ensuring work place safety	Dr. Rashmi J Bhat (Principal, Deputy Director Academics, Dr. SRCISH)	ISHA BC, Bengaluru 2024
8	4/12/2024	Delivered an awareness talk on 'Early identification and intervention' to maternity ward nurses.	Ms. Sushma (Clinical Supervisor, DHS)	Halasuru BBMP Hospital, Bengaluru.

Professional Development

9	5/12/2024	Delivered an awareness talk on 'Early identification and intervention' to maternity ward nurses.	Ms.Priyanka Y (Clinical Supervisor, DHS) Ms.Shravya K (Clinical Supervisor, DHS)	K.C.General Hospital, Bengaluru.
10	5/12/2024	Delivered an awareness talk on 'Early identification and intervention' to maternity ward nurses.	Ms.Rithu Rajan (Assistant professor, DHS) Ms.Krupa Thanki (Clinical Supervisor, DHS)	SHRI. C.V. RAMAN GENERAL HOSPITAL, Bengaluru
11	10/12/2024	Delivered an awareness talk on 'Early identification and intervention' to maternity ward nurses.	Ms.Deepa (Clinical Supervisor, DHS)	Vinay Multispeciality Hospital, HBR Layout, Bengaluru.
12	12/12/2024	Delivered an awareness talk on 'Early identification and intervention' to maternity ward nurses.	Dr.Nitin K Damam (Assistant professor, DHS) Mr. K Nawar Ahammed Siddique (Clinical Supervisor, DHS)	SriRampura BBMP Maternity HOSPITAL, Bengaluru
13	12/12/2024	Delivered an awareness talk on 'Early identification and intervention' to maternity ward nurses.	Dr.Nitin K Damam (Assistant professor, DHS) Mr. K Nawar Ahammed Siddique (Clinical Supervisor, DHS)	JJR Nagar Referral HOSPITAL, Bengaluru



Faculty of DRSRCISH delivering talk at various platforms

Scientific Paper and Poster Presentations

SL No	Date	Title	Faculty	Details/Platform
1	26/10/24 & 27/10/24	CRE program titled Workplace Sensitization for ASLPs and Role of AI in Speech and Hearing- Presented “A report on cases with excessive screen exposure at a Speech and Hearing Institute in Bangalore, Karnataka: A retrospective study across 6 months”	Dr. Anita Reddy (Vice Principal and HOD, DSLS) Ms. Prajna Kodgi (Assistant Professor, DSLS) Ms. Deborah Athaide (Assistant Professor, DSLS) Ms. Aishwarya Dinesh (Assistant Professor, DSLS) Students: Sandra Saji, Vinay Venugopal, Anannya Adhikari, Khushbu Gupta	ISHA BC, NIMHANS, Bangalore.
2	26/10/24 & 27/10/24	Workplace Sensitization for ASLPs and Role of AI in Speech and Hearing, for the poster “Objective Insights into Dysarthria: Diadochokinetic Rate Analysis” Best Paper award	Ms. Prajna Kodgi (Assistant Professor, DSLS) Mr. Ajith Kumar P N (Speech Language Pathologist, Grade 2, DSLS) Students : Ananya N, Adrian Keith Peter, Arya Dechamma	ISHA BC, NIMHANS, Bangalore
3	21/11/24 - 23/11/24	Association between post hypoxic-ischemic injury and dysphagia- A case study Best Research Award - Case Study	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Rajeshwari M N (Speech Language Pathologist, Grade 1, DSLS) Ms. Jesna A B (Speech Language Pathologist, Grade 2, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS)	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
4	21/11/24- 23/11/24	Analysis of Dysphagia Cases in Head and Neck Cancer Patients: A Two-Year Observational Study at Dr. S R Chandrasekhar Institute of Speech and Hearing Best Research Award - Original Research	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Niharika Singh V Student:	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
5	21/11/24- 23/11/24	Demographics, Clinical Characteristics, and Assessment Outcomes of Neurogenic Dysphagia Patients at Dr. Chandrasekhar Institute of Speech and Hearing: A Two-Year Observational Study Best Research Award - Original Research	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS)	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.

Scientific Paper and Poster Presentations

6	21/11/24 - 23/11/24	A Case Study on an Individual with Subarachnoid Haemorrhage from Cerebral Anterior Aneurysm: A Comprehensive Evaluation of Oro-Pharyngeal Dysphagia Best Research Award - Case Study	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Dayana Saldanha (Speech Language Pathologist, Grade 1, DSLS) Student: Ruth Archana Y	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
7	21/11/24 - 23/11/24	Assessment of Functioning in a patient with Mechanical Dysphagia Post Head and Neck Cancer according to the International Classification of Functioning, Disability, and Health (ICF) Framework: A Case Study	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Rajeshwari M N (Speech Language Pathologist, Grade 1, DSLS) Student: Niharika Singh V	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
8	21/11/24 - 23/11/24	Outcome measures of management of trismus to improve quality of life - A case study	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Students: Sharon Ann Jobi, Sarah Tabassum	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
9	21/11/24 - 23/11/24	The relationship between Sleep Apnea and dysphagia - A report of a case	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS)	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
10	21/11/24 - 23/11/24	Integrating Vital Stim for Swallowing Management in Posterior Circulation Stroke: A Case Report	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Students: Li Yan Nee, Saba Saher M	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
11	21/11/24 - 23/11/24	Dysphagia Therapeutic outcome following total thyroidectomy: A case study	Dr. B S Premalatha (Professor of Practice, DSLS) Ms. Prajna Kodagi (Assistant Professor, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Student: Christina Jennifer	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.

Scientific Paper and Poster Presentations

12	21/11/24 - 23/11/24	Water Swallow Test for clinical evaluation of swallowing impairment in stroke patients	Dr. B S Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS)	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
13		Feeding and swallowing Impairment in a case of Hypoxic encephalopathy – Pre and post-evaluation report	Dr. B S Premalatha (Professor of Practice, DSLS) Ms. Deborah Athiade (Assistant Professor, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Student: Ishita K Suresh	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
14	21/11/24 - 23/11/24	Diagnostic Challenges and Impact of Autoimmune Disorders on Dysphagia: A report of case	Dr. B S Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Students: Isha Yadav, Gangothri Krishna M	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
15	21/11/24 - 23/11/24	Factors affecting Dysphagia Intervention: A Case-Based Insights	Dr. B S Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Student: Megha M Nair	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
16	21/11/24 - 23/11/24	Hypoglossal Nerve Schwannoma Surgery Leading to Oropharyngeal Dysphagia: A Case Report	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Students: Li Yan Nee, Saba Saher M	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
17	21/11/24 - 23/11/24	Assessment of Drooling in an Individual with Anterior Horn Cell Disease	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Dayana Saldanha (Speech Language Pathologist, Grade 1, DSLS)	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
18	21/11/24 - 23/11/24	Comparing the presentation of atypical symptoms in two Lateral Medullary Syndrome patients	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Prajna Kodgi (Assistant Professor, DSLS) Ms. Christina Mathew (Speech Language Pathologist, Grade 2, DSLS) Student: Ananya N	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.

Scientific Paper and Poster Presentations

19	21/11/24 - 23/11/24	SLPs and Deglutologists Knowledge, Attitude, and Practice on the use of Neuromuscular Electrical Stimulation in the management of dysphagia	Dr. B. S. Premalatha (Professor of Practice, DSLS) Student: Rincy Raj	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
20	21/11/24 - 23/11/24	Measuring QOL in a glossectomy patient: Insights from DHI and EAT 10 Pre and Post Therapy	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Dayana Saldanha (Speech Language Pathologist, Grade 1, DSLS) Student: Niharika Singh V	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
21	21/11/24 - 23/11/24	Evaluating dysphagia in a Parkinson's patient treated with Deep Brain Stimulation- A Case Report	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Dayana Saldanha (Speech Language Pathologist, Grade 1, DSLS) Student: Shidhi Nanaiah	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
22	21/11/24 - 23/11/24	Profiling voice and swallowing symptoms in Wallenberg Syndrome: A Clinical Review	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Prajna Kodgi (Assistant Professor, DSLS) Students: Anjaly Rajan, , Tamanna Chopra Niharika D	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
23	26/10/24	Presented a poster titled 'Patient Perception And Satisfaction In Audiological Evaluation For Tinnitus: A Pre And Post Assessment Study'	Ms. Rithu Rajan (Assistant Professor, DHS) Ms. Krupa Thanki (Clinical Supervisor, DHS)	ISHA BC Bengaluru 2024
24	26/10/24	Presented paper titled 'Impact Report of a CSR-NGO Partnership on Providing Quality Assessment of Communication Disorder'	Ms. Rithu Rajan (Assistant Professor, DHS) Ms. Krupa Thanki (Clinical Supervisor, DHS)	ISHA BC Bengaluru 2024
25	26/10/24	Presented a poster titled 'Wait And Watch Approach: Underrated Yet Important-A Case Study On Transient Hearing Loss Due to BIND'	Ms. Rithu Rajan (Assistant Professor, DHS) Ms. Krupa Thanki (Clinical Supervisor, DHS)	ISHA BC Bengaluru 2024
26	26/10/24	Presented a poster titled 'Wait And Watch Approach: Underrated Yet Important-A Case Study On Transient Hearing Loss Due to BIND'	Ms. Subhashini D (Assistant Professor, DHS) Ms. Ayesha DhiyaZellan (Clinical Supervisor, DHS) Catherine Rose Robin (1st M Sc.Audiology)	ISHA BC Bengaluru 2024

Scientific Paper and Poster Presentations

27	26/10/24	Presented a poster titled 'Unseen consequences: Exploring the hearing loss in a case of paediatric medulloblastoma'	Ms. Deena Priya BJ (Assistant Professor, DHS) Ms. Vaishnavi Ramadas (Assistant Professor, DHS) Mr. Jeet Parikh, Ms. Swayamshree (3rd B.Sc)	ISHA BC Bengaluru 2024
28	26/10/24	Presented a poster titled 'Auditory Neuropathy Spectrum Disorder as a Consequence of Bilirubin-Induced Neurologic Dysfunction (BIND)'	Ms. Deena Priya BJ (Assistant Professor, DHS) (Interns) Ms. Grace, Ms. Dharshini & Ms. Pooja R	ISHA BC Bengaluru 2024
29	26/10/24	Presented a poster titled 'Frequency Tuning of oVEMP in Individuals with Motion Sickness'	Ms. Deepa (Clinical Supervisor, DHS) Mr. Jithendra Kumar (Clinical Supervisor, DHS) Ms. Dessai Teja Deepak (Assistant Professor, DHS)	ISHA BC Bengaluru 2024
30	28/10/24 & 29/10/24	Presented a poster titled 'Frequency Tuning of cVEMP in Individuals with Motion Sickness'	Ms. Deepa (Clinical Supervisor, DHS) Mr. Jithendra Kumar (Clinical Supervisor, DHS) Ms. Dessai Teja Deepak (Assistant Professor, DHS)	Yen-convert 2024 Yenepoya Medical College
31	28/10/24 & 29/10/24	Presented a poster titled 'Otolith function in children with Profound Hearing Loss: A Preliminary Study'	Ms. Deepa (Clinical Supervisor, DHS) Mr. Jithendra Kumar (Clinical Supervisor, DHS) Ms. Dessai Teja Deepak (Assistant Professor, DHS)	Yen-convert 2024 Yenepoya Medical College
32	28/10/24 & 29/10/24	Presented a poster titled 'Subjective visual vertical in individuals with motion sickness'	Ms. Ayesha Dhiya Zellan (Clinical Supervisor, DHS) Mr. Nitish Rajan Patel (Associate Professor, DHS)	Yen-convert 2024 Yenepoya Medical College



Faculty receiving Best Paper Awards at SLP Quest conducted in Jaipur

Conferences/Seminars/Workshops/Training / Courses Attended by Faculty

Sl No.	Date	Details	Delegates	Organized by
1	21/10/24& 22/10/24	Attended a 2-day national seminar on 'Enhancing Speech Fluency Evidence-Based Approaches for Clinical Practice'	Mr. Prajwal Sajjan KS (Speech Language Pathologist, Grade 2, DSLS)	All India Institute of Speech and Hearing, Mysuru.
2	26/10/24& 27/10/24	Attended RCI CRE programme titled Workplace Sensitization for ASLPs and Role of AI in Speech and Hearing.	Ms. Prajna Kodgi (Assistant Professor, DSLS)	ISHA BC, NIMHANS, Bangalore.
3	18/11/24	Attended the RCI-CRE program on "Diagnosis by Response to Intervention in Children with Specific Learning Disability: A Multidisciplinary Perspective"	Ms. Sneha Mareen Varghese (Associate Professor, DSLS) Ms. Arunima Santhosh (Assistant Professor, DSLS)	All India Institute of Speech and Hearing, Mysuru.
4	21/11/24- 23/11/24	Attended the International Dysphagia Conclave 2024 organized by SLP Quest	Dr. B. S. Premalatha (Professor of Practice, DSLS) Ms. Rajeshwari M N (Speech Language Pathologist, Grade 1, DSLS) Ms. Christina Mathew (Speech Language Pathologist, Grade 2, DSLS) Ms. M Monika (Speech Language Pathologist, Grade 1, DSLS) Ms. Dayana Saldanha (Speech Language Pathologist, Grade 1, DSLS)	Organized by SLP Quest conducted at Rajasthan International Center, Jaipur.
5	18/12/24	Attended a workshop on 'IEP planning for intervention in children with developmental disabilities'	Ms. Rajeshwari M N (Speech Language Pathologist, Grade 1, DSLS) Mr. Prajwal Sajjan KS (Speech Language Pathologist, Grade 2, DSLS) Ms. Dayana Saldanha (Speech Language Pathologist, Grade 1, DSLS)	Organized by Department of psychology, Dr.SRCISH.
6	28/12/24& 29/12/24	Completed the "13th hands-on FEES Workshop" powered by Insight Rehabilitation	Ms. Prajna Kodgi (Assistant Professor, DSLS)	SLP Quest held at Insight Rehabilitation

Conferences/Seminars/Workshops/Training / Courses Attended by Faculty

7	04/10/24	Attended the programme titled "Creative Therapeutic methods for Interventions in Children with Trauma"	Ms. Diya Vinod (Dept of Psychology)	The Department of Child and Adolescent Psychiatry, National Institute of Mental health and Neurosciences (NIMHANS).
8	04/10/24	Attended the programme titled "Creative Therapeutic methods for Interventions in Children with Trauma"	Ms. Soha Borges (Dept of Psychology)	The Department of Child and Adolescent Psychiatry, National Institute of Mental health and Neurosciences (NIMHANS).
9	06/10/24	Participated in a Virtual mental health summit - "Tapestries of Attachment"	Ms. Ujwala Reddy (Dept of Psychology)	Flourish and Therapeal
10	10/10/24	Attended webinar on "Accessible India Campaign and Accessibility for the Deaf"	Mrs. Sedricia (Dept of Psychology)	Indian sign language research and training centre (ISLRTC)
11	18/10/24	Attended RCI online program on "Introduction to ADHD and significance of Diet for ADHD"	Dr. Babita Gupta (HOD, Dept of Psychology)	The Department of Empowerment of Persons with Disabilities, Ministry of Social Justice & Empowerment, Govt. of India, Old District Hospital Campus, Rajnandgoan, and Chhattisgarh.
12	21/10/24	Attended RCI - CRE Webinar on "New Assessment Guidelines under the RPWD Act with respect to ASD, ID, SLD".	Dr. Babita Gupta (HOD, Dept of Psychology)	The Department of Empowerment of Persons with Disabilities, Ministry of Social Justice & Empowerment, Govt. of India, National Institute of Mental Health and Rehabilitation, MP
13	29/10/24	Attended webinar on "Challenges Associated with Mental Health Management"	Mrs. Sedricia (Dept of Psychology)	NIEPID, Kolkata.
14	05/11/24	Attended webinar on "Mental Health at Work"	Mrs. Sedricia (Dept of Psychology)	CRCSRE - Shillong.

Conferences/Seminars/Workshops/Training / Courses Attended by Faculty

15	14/11/24	Attended webinar on "Safeguarding Childhood: Understanding POCSO Act, ACEs and Prevention & Management of Child Sexual Abuse"	Mrs. Sedricia (Dept of Psychology)	National institute of mental health rehabilitation, MP
16	04/12/24	Attended webinar on "Strategies for sensory motor development in young children with special needs"	Mrs. Sedricia (Dept of Psychology)	NIEPID (DIVYANGJAN) TM.
17	05/12/24 - 07/12/24	Attended the pre-conference workshop on "Psycho-Social Rehabilitation of Suicide Attempter : General Hospital Perspective"	Dr. Babita Gupta (HOD, Dept of Psychology)	Regional Conference of the World Association for Psychosocial Rehabilitation- Indian Chapter (WAPR-IC), held at NIMHANS, Bengaluru.
18	14/12/24	Attended webinar on "Managing Behaviours in Class room and home"	Mrs. Sedricia (Dept of Psychology)	NIEPID (DIVYANGJAN) Secunderabad
19	16/12/24	Attended a workshop on "Early Identification of ASD in Infants- Toddlers"	Dr. Shakila Naidu (Dept of Psychology)	COMDEALL
20	16/12/24	Attended a workshop on "Early Identification of ASD in Infants- Toddlers"	Ms. Ujwala Reddy (Dept of Psychology)	COMDEALL
21	18/12/24	Attended a workshop on Autism and Education- Recent Trends in Teaching Series 1	Mrs. Sedricia (Dept of Psychology)	NIEPID (DIVYANGJAN) and Regional Training Centre, Kolkata
22	18/12/24	Attended a workshop on "IEP planning for Intervention in Children with Developmental Disabilities"	All staff of Psychology department	The Department of Psychology, DRSRCISH
23	20/12/24	Attended a workshop on Autism and Education- Recent Trends in Teaching Series 2	Mrs. Sedricia (Dept of Psychology)	NIEPID (DIVYANGJAN) and Regional Training Centre, Kolkata.
24	19/12/24 - 21/12/24	Attended the three day offline CRE training workshop on "NIEPID Indian Test of Intelligence"	Dr. Babita Gupta (HOD, Dept of Psychology)	The Department of Clinical Psychology, JSS Medical College, Mysore.
25	19/12/24 - 21/12/24	Attended the three day offline CRE training workshop on "NIEPID Indian Test of Intelligence"	Dr. Shakila Naidu (Dept of Psychology)	The Department of Clinical Psychology, JSS Medical College, Mysore.

Conferences/Seminars/Workshops/Training / Courses Attended by Faculty

26	20/10/24	Attended the workshop on "2nd Shoulder and Knee Rehab Course"	Ms. Dorin Philsila P (Dept of Occupational and Physiotherapy)	Manipal Hospital, Millers Road
27	20/10/24	Attended the workshop on "2nd Shoulder and Knee Rehab Course"	Ms. S. Ankayarkanni (Dept of Occupational and Physiotherapy)	Manipal Hospital, Millers Road
28	16/12/24	Attended an online training on "Early identification of ASD in infants and toddlers"	Ms. S. Ankayarkanni (Dept of Occupational and Physiotherapy)	Main Com-DEALL
29	18/12/24	Attended a workshop on "IEP planning for intervention in children with developmental disabilities"	Ms. S. Ankayarkanni (Dept of Occupational and Physiotherapy)	The Psychology Department at DRSRCISH.
30	27/07/24 to 17/11/24	Attended a course on 'Assessment and Rehabilitation of Vertigo and Balance Disorder'	Ms. Deepa M (Clinical supervisor, DHS)	Yenepoya Medical College
31	18/11/24 to 22/11/24	Attended a course on 'Cochlear Implant Technology and Research Update Series'	Ms. Subhashini D (Assistant Professor, DHS)	Cochlear India P Ltd Kuala, Lumpur Malaysia
32	18/12/24	Attended a workshop on 'IEP Planning for Intervention in Children with Developmental Disabilities' by Mrs. Rukmini	Ms. Sushma P (Clinical supervisor, DHS)	Dr.S.R.CISH, Bengaluru



Ms. Prajna administering FEES

Facts Thoughts and Musings

Common Questions Parents of a Children with Autism Ask Speech Therapists

When parents receive an autism diagnosis for their child, a myriad of emotions and concerns often arises. Among the primary sources of anxiety is communication. Speech therapists play a crucial role in addressing these concerns, helping parents navigate the complexities of their child's communication needs. This essay outlines common questions parents ask speech therapists, highlighting their desire for understanding, strategies, and support.



Mr Prajwal Sajjan K.S
Clinical Supervisor 11

Understanding Autism and Communication

One of the first sets of questions parents typically ask revolves around the nature of autism and its impact on communication. Parents often inquire, "How does autism affect my child's ability to communicate?" This question stems from a need to comprehend how autism spectrum disorder (ASD) can manifest in varying communication abilities, from nonverbal behaviors to challenges with social interactions.

Speech therapists often explain that communication difficulties in children with autism can range from delayed speech to challenges in understanding social cues. Parents want to understand the specific characteristics of their child's communication style, including whether their child may have echolalia (repeating phrases) or struggle with initiating conversations. Understanding these nuances helps parents set realistic expectations for their child's development.

Assessment and Individualized Plans

Parents frequently seek clarity on the assessment process, asking, "What will the assessment involve?" They are eager to learn about the tools and methods therapists use to evaluate their child's communication skills. Understanding the assessment process is crucial for parents as it lays the groundwork for an individualized therapy plan.

Speech therapists typically use a combination of standardized tests, observational assessments, and parent interviews to gauge a child's abilities. Parents may also ask, "How is the therapy plan tailored to my child's specific needs?" This question reflects their interest in personalized strategies that can effectively address their child's unique challenges. Therapists often develop goals that are specific, measurable, achievable, relevant, and time-bound (SMART), ensuring that parents are involved in the process and understand how to support their child at home.

Strategies for Home

Once a therapy plan is established, parents often seek guidance on how to support their child's communication development outside of therapy sessions. Questions like, "What activities can I do at home to help my child communicate better?" are common. Parents are eager for practical strategies that can be integrated into daily routines.

Therapists might suggest simple, interactive activities such as reading together, using visuals to enhance understanding, and engaging in play that encourages language use. They may also recommend using augmented communication systems, like picture exchange communication systems (PECS), which can aid children who struggle with verbal communication. Parents appreciate concrete examples of how to facilitate communication in natural settings, as it empowers them to take an active role in their child's development.

Social Skills and Peer Interaction

As children with autism often face challenges in social communication, parents frequently inquire about fostering social skills. Common questions include, "How can I help my child make friends?" and "What can I

do to encourage social interaction?" These questions reflect parents' deep concern for their child's social integration and emotional well-being.

Speech therapists often emphasize the importance of modeling social interactions and providing opportunities for peer engagement. Parents might be encouraged to arrange playdates or group activities that foster social skills in a supportive environment. Therapists may also recommend social stories or role-playing scenarios that help children practice conversational skills in a structured way. By addressing these social communication needs, parents aim to enhance their child's ability to connect with peers and navigate social situations.

Monitoring Progress and Adjustments

As therapy progresses, parents are keen to understand how they can monitor their child's improvement. They often ask, "How will I know if my child is making progress?" This question is vital, as parents want to see tangible results from the therapies and interventions implemented.

Speech therapists typically establish regular check-ins to discuss progress and make necessary adjustments to the therapy plan. They may use data collection methods to track improvements in communication skills and share these updates with parents, helping them feel involved and informed. Parents appreciate knowing what milestones to look for and how to celebrate their child's achievements, no matter how small.

Emotional Support and Resources

Beyond communication strategies, parents often seek emotional support and resources. Questions like, "How can I cope with my feelings about my child's diagnosis?" reflect their desire for understanding and validation of their experiences. Speech therapists can offer guidance on connecting with support groups, online communities, or local organizations that focus on autism.

Additionally, parents may inquire about recommended reading materials or workshops that can provide further education about autism and communication strategies. By accessing these resources, parents can gain confidence in their role as advocates for their child, fostering a sense of empowerment amidst the challenges they face.

The journey of parenting a child with autism is filled with questions, concerns, and the pursuit of effective strategies for communication. Speech therapists serve as vital partners in this journey, addressing parental inquiries with empathy and expertise. By understanding the nature of autism, developing individualized plans, and offering strategies for home and social interactions, therapists help parents navigate the complexities of their child's communication needs. Ultimately, the collaborative efforts between parents and speech therapists not only enhance communication skills but also promote the overall well-being and development of children with autism.



Facts Thoughts and Musings

Little Things That Boost Your Mental Wellbeing

In the constant hustle of life, it's easy to oversee our mental wellbeing. Between work, family, and countless responsibilities, our minds carry more weight than we sometimes realize. Taking care of our mental health doesn't always require grand gestures or drastic changes. In fact, small, everyday activities can make a huge difference. Here are a few simple yet effective activities that can nurture your mental wellbeing daily.



Mrs.Ujwala Rajanikanth
Senior Consultant Psychologist

1. Start Your Day with Intention

How you begin your day can set the tone for everything that follows. Instead of reaching for your phone the moment you wake up, take a minute to sit quietly, stretch, or focus on your breathing.

You can also try setting a small intention for the day. For example: *"Today, I will take one task at a time and not stress about perfection,"* or *"I will take moments to breathe deeply when I feel overwhelmed or stressed."*

It's a simple practice, but creating an intentional mindset helps you feel more grounded and in control.

2. Take a Walk Outdoors

There's something inherently calming about nature. A short walk outdoors, even just 10 minutes, can work wonders. Fresh air, sunlight, and the pace of walking can soothe a busy mind. Notice the sounds around you, the smell, the feel of the wind, or the way leaves rustle. This mindful observation keeps you present and helps you step away from mental noise. If possible, leave your phone behind or put it on silent. Let the experience be about reconnecting with yourself.

3. Connect with a Friend

We humans are social creatures, and even brief connections or exchange of words can lift our mood. Call a friend, send a thoughtful text, or have a short, kind interaction with someone like a neighbour. Small moments of connection remind us we're not alone, and these interactions build a sense of belonging, which is essential for mental wellbeing.

4. Engage in "Mindful Minutes"

You don't need to meditate for hours to experience its benefits. Short, mindful breaks throughout the day can help reset your thoughts and calm your nerves.

Try this quick exercise:

- Sit comfortably and close your eyes.
- Take three slow, deep breaths, feeling the air fill your lungs and release.
- Focus on the sensations in your body, your feet touching the ground, your hands resting gently on your lap.

Even one minute of this focused breathing can ease tension and recenter your mind.

5. Do Something Creative

Engaging in creativity is like a mental refresh. It doesn't have to be elaborate, scribbling, painting, baking, or even rearranging your space counts. Creativity engages your brain differently, pulling you away from overthinking or stress. For instance, spending 15 minutes journaling or doodling while listening to music can feel like a therapeutic pause. Let yourself enjoy the process, without worrying about the result.

6. Move Your Body in Ways You Enjoy

Exercise is often linked to physical health, but it's equally powerful for mental wellbeing. Moving your body releases endorphins, your brain's natural mood boosters. The key is to find movement that you actually enjoy.

It could be dancing around your room, practicing yoga, cycling, or even simple stretches at your desk. Movement doesn't need to be perfect, it just needs to feel good.

7. Practice Gratitude

Gratitude has a quiet way of shifting our perspective. Before you end your day, take a moment to list three things you're grateful for big or small. It could be as simple as a good meal, a kind word, or the comfort of your home. Practicing gratitude regularly trains your mind to focus on what's going well rather than what's missing. Over time, this can build resilience and a greater sense of contentment.

8. Limit Gadget Usage

We're constantly connected to screens, information, and notifications, which can overwhelm our minds. Give yourself permission to take small breaks from technology whether it's a phone-free meal or an hour before bed with a book instead of scrolling. Disconnecting creates space to rest, and reflect.

9. Celebrate Small Wins

Everyday comes with small victories finishing a task, cooking a meal, or showing up despite feeling low. Take a moment to acknowledge these wins. Celebrating them, even silently, fosters self-compassion and reminds you that progress isn't always measured in leaps it often happens in tiny steps.

10. Be Kind to Yourself

Perhaps the most important activity of all is learning to treat yourself with kindness. On tough days, give yourself the same compassion you would offer a friend. It's okay to rest, to feel overwhelmed, or to simply not have all the answers.

A gentle reminder to yourself: *You are doing the best you can, and that's enough.* Mental wellbeing isn't about being happy all the time. It's about creating space for moments of calm, joy, and balance in everyday life. These simple activities can serve as small acts of self-care, helping you build a stronger, more resilient mind. Take it one step at a time. After all, the little things often make the biggest difference



DONORS FOR THIS QUARTER

1. Donation for Corpus Fund By:

- Mr. BRM Bhaskar Sharma : Rs. 50,000/-
- Dr. P S Maiya : Rs. 10,000/-



2. General donations

- Lions Club of Bangalore East towards milk expenses : Rs. 1,55,000/-
- Sree Raja Shivaramaiah Setty, Smt Parvathamma Dharmashala : Rs. 30,000/-

3. Other donations

- Child centric grant for school from government of Karnataka : Rs. 31,02,506/-
- Mother Training Centre grant : Rs. 7,04,303/-

Bhaskar Sharma



We extend a heartly welcome to our new colleagues

We are pleased to welcome **Mr. Basil R**, as a member of the Advisory Board. Mr. Basil R. is a distinguished Healthcare and Hospital Management Consultant based in Bangalore, India. He is frequently invited by reputed hospitals, leading consulting firms, and funding organizations to contribute innovative ideas and implement strategic solutions for the rapid transformation of financially stressed hospitals. His expertise extends to standardization and quality improvement programs, as well as evaluating hospital acquisition opportunities.

With a proven track record spanning three diverse sectors—Electrical Power, Diagnostic Medical Imaging, and Hospital Management—Mr. Basil has accumulated over four decades of professional management experience across India, Southeast Asia, and the USA. His career includes leadership roles such as Co-Founder of Cause Bridge LLP, Executive Director & CEO of STS Holdings Ltd (Dhaka), Managing Director & CEO of Manipal Hospitals Group, and Executive President of Apollo Hospitals Group. His leadership has been instrumental in implementing AI-driven clinical efficiency programs and launching new healthcare initiatives, including super-specialty clinical services and telehealth solutions.

Mr. Basil played a pivotal role in transforming Manipal Hospitals Group during his tenure from 2002 to 2009, leading to an eightfold increase in revenue and a 24-fold rise in EBITDA. Many of the pioneering initiatives he introduced have since become industry standards in hospital services. As Co-Founder and Chairman of Cause Bridge LLP, launched in 2021, he is leveraging big data and AI to prevent avoidable harm in hospitals and enhance clinical management efficiency. His leadership at STS Holdings Ltd resulted in eliminating nine years of accumulated losses within his first year and significantly enhancing operational and financial performance.

Throughout his illustrious career, Mr. Basil has held several board positions, served as a jury member for prestigious national healthcare awards, and has been a keynote speaker at renowned international forums. His academic credentials include an M.Tech in Industrial Power Systems Engineering and a B.Sc. in Electrical Engineering, complemented by executive leadership training from institutions such as GE Crotonville and ISB.

With a steadfast commitment to innovation, operational excellence, and ethical leadership, Mr. Basil R. continues to shape the future of healthcare through his transformative contributions and visionary leadership.



Mr. Basil R



Mr. Jithendra Kumar
Clinical Supervisor Grade-1
(Dept. of Hearing Studies)



Mr. Jithin Pradeep
Clinical Supervisor Grade - 2
(Dept. of Hearing Studies)



Mr. Anand K.V
Clinical Supervisor Grade - 2
(Dept. of Hearing Studie



We convey our best wishes to all of them for their future endeavours.



Ms. Keerthana Anil
Clinical Supervisor Grade -2
(Dept. of Speech Language Studies)



Ms. Sandriya Haven
Clinical Supervisor Grade -2
(Dept. of Speech Language Studies)



Ms. Praveena Babu
Biostatistician
(Bangalore Speech & Hearing Research Foundation)



Ms. Krupa Milan Thanki
Clinical Supervisor Grade - 2
(Dept. of Hearing Studies / Project staff for SBI CSR Project)

We convey our best wishes to all of them for their future endeavours

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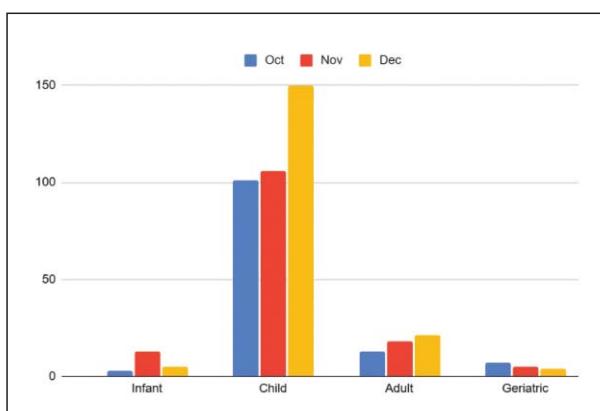
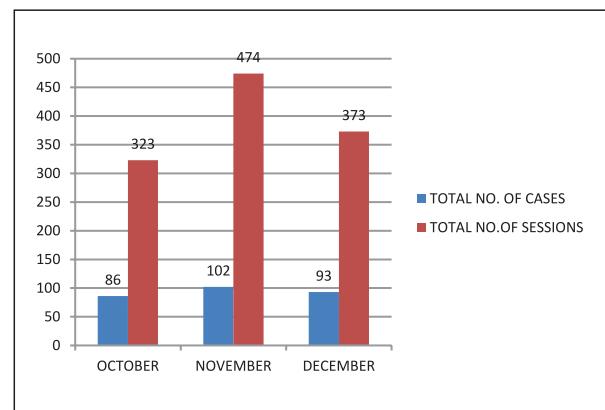
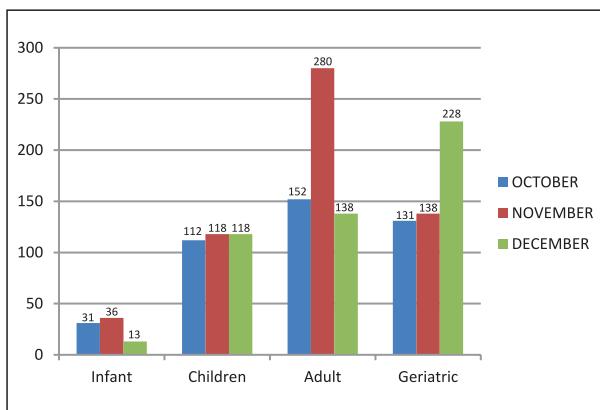
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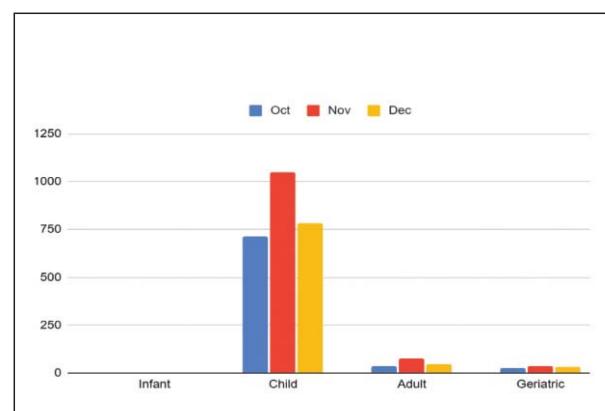
**E-mail : dr.srcish@gmail.com
www.speecheear.org**

Ph: 080-2547 0037, 81238 21260

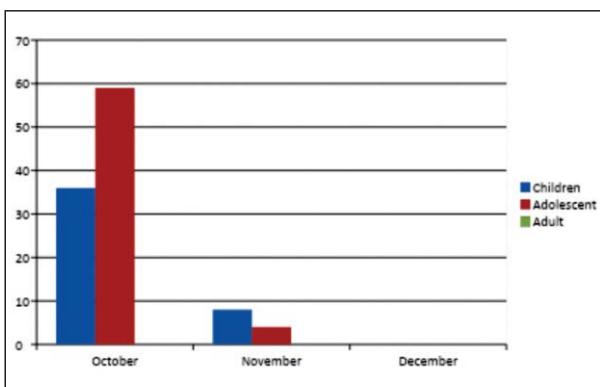
Client Statistics



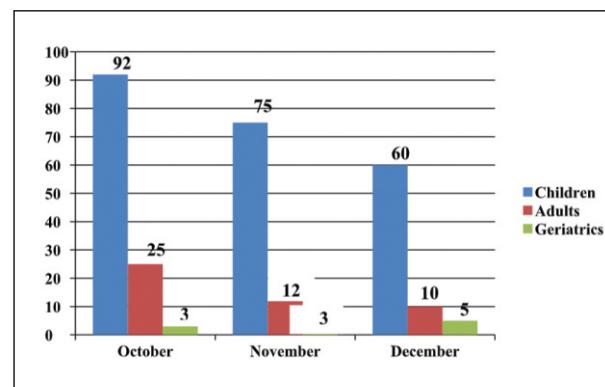
Speech Diagnostics Unit: Clients seen



Speech Therapy Unit: Sessions Taken



Psychology Unit: Number of Sessions



Physiotherapy Unit: Cases seen

ENT REFERRALS

- **AL AMEEN HOSPITAL**, #3, Miller Tank Road, Off Cunningham Road, Blore-52 Ph : 080-22260882
- **GOWRI PRASANA DIABETES & HEART CARE CENTER DIAGNOSIS**, # 72nd Cross, Opp 10th Hennur Bus Depot, Kalyanagar, Blore-43 Ph : 80507 30707
- **SPECIALIST CLINIC**, Cox Town Circle, MM Road, Opp St. Peters Church, Blore. Ph : 080-25479483
- **RESONANCE SPEECH & HEARING CLINIC**, # 96, Post Office Road, Infantry Road, Shivaji Nagar, Blore-01 Ph : 80500 10110
- **CAVALIER HOSPITAL** ,# Fac- 410, 1st Floor, 5th A Cross, HRBR Layout 2nd Block, Kalyanagar Blore-43. Ph : 9902800951
- **BILIKAL SPECIALITY CLINIC**, #26, Houses No 1, Next to Venkateshwara Temple, Hebbal Kempapura, Blore-24
- **SURAKSHA WOMEN & CHILD CARE CLINIC**, # 143/E, Sir Ranga, 17th Main Road, Vijaynagar Blore -40.
- **MANAV CHARITABLE HOSPITAL**, Jindal Nagar, Tumkur Road, Bangalore-73 Ph : 08861787315
- **SAGAR HOSPITAL**, # 44/54, 30th Cross, Tilaknagar, Jayanagar Extension, Blore-41. Ph : 080-4117997
- **EAST POINT COLLEGE OF MEDICAL SCIENCES AND RESEARCH CENTER**, 113, Jnana Prabha Campus , Bidarajalli, Virgonagar Post, Bangalore - 560049. Phone : 78669 11911
- **P.E.S.U MEDICAL COLLEGE HOSPITAL**, No.37,38, PES University, EC Campus, Hosur Road, Konappana Agrahara, Electronic City, Bangalore - 560100. Phone : 80107 28728
- **CHURCH OF SOUTH INDIA HOSPITAL**, Karnataka Central Diocese, Post Bag No.4, Hazarath Kambal Posh Road, Bangalore-560051. Phone : 080-22861103
- **Dr.J.SANJAY PRAKASH CHILDREN SPECIALIST AND NEONATOLOGIST KIDS CARE CLINIC** #2, 3rd Main, Ganesha Block, Sultanpalya, Bangalore - 560032
- **SRI SHANKARA CANCER HOSPITAL AND RESEARCH CENTRE**, Shankara Math Premises, 1st Cross, Shankarapuram , Basavangudi, Bengaluru - 560004
- **DR. VYKUNTA RAJU K.N CONSULTANT CHILD NEUROLOGIST**, Bangalore Child Neurology and Rehabilitation Center, Hans Complex, 8/A 1st Main, 1st Cross, Manuvana, Near Adichunchanagiri Kalyana Mantapa, Vijayanagar, Bangalore - 560040. Phone : 080-23301212, 89046 45488
- **SOUND TREE SPEECH AND LANGUAGE AND HEARING CLINIC**, 1st Floor, Govt. Hospital Road, Next to Nirala Health Care, Nehru Nagar, Mandya - 571401, Karnataka. Phone : 80887 21448
- **SAPTHAGIRI HOSPITAL**, No- 15, Chikkasandra , Hesaraghatta Main Road, Bangalore-90 Phone : 080-28393392
- **Dr. ANIL REDDY.J HEARING WELLNESS CLINIC PVT.LTD**, Bhagwan Mahaveer Jain Hospital, No-17, Millers Road, Vasanth Nagar, Bangalore - 560052. Phone : 080-4087 5555
- **Dr. JAWAD AHMED N.A ENT, HEAD AND NECK SURGEON** #648, H.B.R. Layout , 1st Stage, V Block, 7th Cross, Bangalore - 560043
- **ASTER RV HOSPITAL ENT AND HEARING IMPLANTOLOGY**, CA-37, 24th Main, 1st Phase , J.P Nagar, Bangalore - 560078
- **VATHSALYA CHARITABLE TRUST**, 717, 5th Cross, HRBR Layout, 1st Block, Kalyan Nagar, Bangalore - 560043. Phone : 080-2545 7360



Dr. S. R. Chandrasekhar Institute of Speech and Hearing

(A Unit of Bangalore Speech and Hearing Trust)

(A Project of Lions Club of Bangalore East)

(Affiliated to Bengaluru North University, Recognized by RCI & NAAC Accredited)

Hennur Road, Lingarajapuram, Bengaluru-560084 • Ph: 080 + 2546 0405, 2547 0037, 2546 8470

• Mob: +91 88617 87315 • E-mail: dr.srchip@gmail.com • www.speechear.org



ADMISSIONS OPEN

BASLP
Bachelors in Audiology & Speech-Language Pathology

Clinical Facilities

1. Department of Hearing Studies

Assessment and Management of Hearing and Balance disorders from infancy to geriatrics

2. Department of Speech Language Studies

Assessment and Management of Speech, Language, and Swallowing Disorders from Infancy to Geriatrics.

3. Department of Psychology

Assessment and Management of Behaviour-related issues such as Intellectual Deficits, Attention Deficit, and others.

Duration & Seats

6 Semesters of Course work and 2 semesters of Internship

Seats Available: 40

Eligibility

Should have completed 12th Standard/ PUC/ Pre-degree from any recognized State or Central Board with optional Science subjects or Physics, Chemistry, Biology and/or Mathematics or Computer Science or Electronics.

About the Institute

Dr. S R Chandrasekhar institute of Speech and hearing is one of the premier, renowned academic institutes in India in the field of Speech and Hearing. The institute provides clinical services as well as highly specialized and exclusive professional academic programmes.

The institute was established in 1977 as a clinical facility with the aid of Lions Club of Bangalore East and now it has grown as a multi-level academic training institute conducting a wide range of courses in the field of Speech and Hearing.

Students joining the institute are not only privileged to be taught by eminent professionals with years of Experience, but

also get the opportunity to work on equipment's which are truly state of the art. Being a very popular allied healthcare and rehabilitation centre, this institute attracts hundreds of patients every day with various Speech, Language, Swallowing, Hearing, Balance, and Behaviour related disorders. Students will be immensely benefited by the range and depth of experience that they gain by studying to assess and treat these health conditions.

The institute is affiliated to Bangalore North University and is recognised by the Rehabilitation Council of India. Students are accepted for further studies by all Universities in India and abroad.

Course Overview:

1. Anatomy, Physiology, Pathology, Neurology related to Speech and Hearing.
2. Otorhinolaryngology related to the field.
3. Psychology related to the field.
4. Pathophysiology, Assessment, and Management of Hearing and Vestibular related Disorders including Instrumentation.
5. Pathophysiology, Assessment, and Management of Speech, Language, and Swallowing related Disorders including Instrumentation.
6. Scientific Enquiry and Basic Statistics
7. Observation and Hands-on Training clinically for vast exposure to Speech, Language, and Hearing disorders.

Program Objective:

The BASLP (UG degree) program is designed for students to develop diagnostic and clinical skills required for assessment and management of disorders of speech, language, swallowing, hearing and balance.

After finishing this course the professionals are accepted in a variety of setups including Academic Institutions, Schools, Industries such as Aviation, Manufacturing, Construction and Machinery, NGOs, Medical Health Clinics, Hospitals or can set up their own Private practice both within India and Abroad.

Facilities Available for Students:

- Clinical Services in the Institute:
- Computer Aided Learning Lab
- Reference and Digital Library
- Physical and Digital Science Journals
- Wi-Fi- High speed Internet
- Uninterrupted Power Supply
- Badminton Court
- Gym and Healthcare Centre
- Smart classrooms
- Seminar Hall
- Lockers for Students
- Duplicating and Reprography Services
- Cafeteria
- Boys and Girls Hostel
- Round the clock security
- CCTV surveillance cameras
- Auditorium

Job Opportunity for Graduates in ASLP:

- Hospitals/ Medical Colleges
- Special Schools
- Inclusive Schools
- Industries such as Aviation, Manufacturing, Construction and Machinery.
- Academic institutions
- Hearing Aid Manufacturers
- NGOs working with the Disabled and Rehabilitation Centres
- Early Intervention Centres
- Independent Private Practice

Placement:

Placement opportunities and references are provided by the Institute through Campus Interviews after the completion of the course.

Management Committee Members

Lion. V. V. Krishna Reddy
Chairman & Director

CA D. L. Suresh Babu
Secretary

Lion. V. S. Shanthavadhan
Treasurer

For applications and more information: Reach us@ College Office

Dr. S R Chandrasekhar Institute of Speech and Hearing

Hennur Main Road, Bangalore-560084. Phone No: 080 - 25468470, 25460405
Email ID:college.srcish@gmail.com, dr.srcish@gmail.com, visit us at: www.speechear.org

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ADULT MENTAL HEALTH SERVICES

Psychological Assessment, Counselling and Psychotherapy by Clinical Psychology Specialists

- ✓ Anxiety & Depressive Disorders (low mood, hopelessness, suicidal ideation)
- ✓ Trauma & Life Stress related Disorders
- ✓ Sleep & Habit Disorders
- ✓ Social Media & Internet Dependency
- ✓ Substance Use & Related Addictions
- ✓ Obsessive Compulsive & Thought Disorders
- ✓ Academic failures & Career Maladjustment
- ✓ Dysfunctional Relationships
- ✓ Parenting Challenges with preteens, adolescents & young adults



*Appointments available on Monday, Wednesday & Friday
from 9:30 am - 5:00 pm*

8147066230, 080-25460405, 8861787315

Dr. M. Shakila Naidu

M.A (Psy); M.Ed(ED. Psy) USA
D.M & S.P(Clin.Psy) NIMHANS
PhD (Beh.Med) NIMHANS

Professor of Practice in Clinical Psychology

drsrc.shakilainaidu@speecheart.org

Department of Psychology

Chairman

Lion V V Krishna Reddy

Treasurer

Lion V Shanthavadhan

Secretary

CADL SURESH BABU

Academic Facilities

The academic facilities at Dr. S.R. Chandrasekhar Institute of Speech and Hearing is encompassing and congenial for thorough learning.

To impart technical and therapeutic skills to its students, the Institute provides extensive learning access to :

- General & ENT Outpatient Department
- Consultancy Rooms
- Audiometry Suites
- Puretone Audiometry
- Ear Mould Services
- Hearing Aid Selection & Fitting
- Hearing Aid Programming / Repair Centre
- Speech Language Pathology
- Speech Science Lab
- Hearing Science Lab
- Facilities for Endostroboscopy & Voice Clinic
- Autism Spectrum Disorders
- Stuttering Clinic
- Smile Train Project for Cleft Lip & Palate
- Spastic and CP Clinic
- Dysphagia Clinic
- Occupational & Physiotherapy
- Stroke Clinic / Neuro Rehabilitation Clinic
- Auditory Verbal Therapy / Post Cochlear Implant Clinic
- Developmental Eclectic Approach to Language Learning
- Mother's Training Centre



Support systems for students' academics go beyond clinical and therapeutic facilities to include state of the art academic facilities such as :

- Computer Aided Learning Lab
- Reference & Digital Library
- Physical & Digital Science journals
- Duplicating & Reprography Services
- WiFi - High Speed Internet

The Institute's infrastructure and facilities are holistic in nature, truly modern and learning-centric. It includes :

- Smart Class Rooms
- Audio Visual Lab
- Seminar Halls
- Discussion Rooms
- 300-seat Auditorium
- Boys & Girls Hostel
- Elevator (Lift)
- Uninterrupted Power Supply

Curricular facilities apart, students' interests are also met through establishment of :

- Badminton Court
- Gym & Healthcare Centre
- Safety Lockers
- Cafeteria
- Round the Clock Security
- CCTV Surveillance Cameras
- Rainwater Harvesting Facility

Clinical Facilities

Department of Hearing Studies

Audiometry: Institute's Audiometry facility is adequately equipped to measure hearing acuity of patients for variations in sound intensity and pitch, tonal purity, thresholds and frequencies.

Hearing Aid (HA) Prescription and Fitting: Our team of experienced Audiologists and Technicians select the right hearing aid based on individual's need, degree of hearing loss and comfort level.

Custom Ear Mould Making: Hearing Aids are ideally fitted to a patient's ear through a carefully custom-crafted Silicone ear mould. Our in house facility meets this requirement effectively.

Hearing Aid Repair and Service: Hearing Aids are a miniature marvel of modern technology and require regular servicing, maintenance and expert repairs. The team at the Institute has all the expertise for this service.

Auditory Verbal Therapy & Post Cochlear Implant rehabilitation: Children with speech disabilities are trained by our expert therapists to understand speech and learn to talk after they have been fitted with a hearing aid or treated with a cochlear implant. For those children who have undergone cochlear implant, a thorough rehabilitation process is undertaken that helps the child utilize the auditory signals and to naturally integrate the various components of communication such as listening, speech, language, reading and thinking.

Mapping for Cochlear Implant: A Cochlear implant is a small, complex electronic device that helps provide a sense of sound to a child who is profoundly deaf or severely hard-of-hearing. It consists of an external part that sits behind the ear and an internal part that is surgically placed under the skin. Together they are a combine of a tiny microphone, speech processor, transmitter and receiver, an electrode array that collects the impulses from receiver and sends them to different regions of the auditory nerve. Complex as they are, they need regular 'mapping' using advanced computer technology, to meet the response of the child and gradual tuning to meet the child's comfort needs. Our experts in the institute effectively carry out this specialised service.

Noise Measurement: Identifying 'noise' as a cause for hearing loss, our Institute provides services to measure the noise levels in factories, work places and public areas. Our

experts with appropriate noise measuring equipment do extensive study and report on the permissible or hazardous limits, by which measures can be taken to prevent hearing damages of the people in those environments.

Vestibular Clinic

Subjective vestibular assessment Objective vestibular assessment, c-VEMP, o-VEMP, v-HIT, ENG/VNG (Saccade test, Smooth Pursuit test, Positional test -Optokinetic test, Caloric test)

Vestibular Rehabilitation Training for Peripheral causes BPPV Maneuver And Exercises, Semont Maneuver, Brandt Daroff Maneuver, Eply Maneuver.



Department of Speech Language Sciences

Voice Clinic: Our Institute is adequately equipped with talent and technology to diagnose and treat voice disorders such as hoarseness, scratchy voice, breathy voice, difficulty with loudness, pain or discomfort while speaking or singing, etc.

Endostroboscopy: The Institute is equipped with state of the art Endostroboscope facility to assess vocal cord vibration patterns, mucosal pliability, study the underlying layered structure of the vocal folds, etc. This accurate diagnostics help the patient to get the most appropriate treatment.



Speech Therapy Services

Dr. S.R. Chandrasekhar Institute of Speech and Hearing deals with a number of investigatory and treatment protocols related to speech disabilities.

With eminent practitioners, it offers treatment and rehabilitative services to many disorders associated with speech.

Misarticulation - a speech defect in which an individual substitutes, omits, adds or distorts the speech sounds which results in the speech being unintelligible.

Stuttering - is a speech disorder in which sounds, syllables, or words are repeated or prolonged, disrupting the normal flow of speech, sometimes accompanied by struggling behaviors.



Cleft lip and Palate - refers to a physical condition wherein a child is born with a split or torn lip(s) with a hole in the roof of the mouth leading to speech disorders.

Cerebral Palsy (CP) - reflects a non progressive group of disorders affecting body movement and muscle coordinations due to anomaly of the developing brain.



Autism - a developmental disorder characterized by difficulties in social interaction, communication and by restricted and repetitive behavior which manifests within the very first two years of life.

Aphasia - the impairment of language function which results from strokes and other injuries to the language areas of the brain.

Dysarthria - an acquired speech problem caused by paralysis, weakness, or inability to coordinate the muscles of the mouth.

Learning Disability - a neurological condition that prevents a person from learning or severely impairs the learning process in one or more academic areas, despite being intelligent.

Dysphagia - is a condition that causes difficulties in swallowing.

Laryngectomy - is a procedure that involves removing part or all of the voice box usually as a result of a cancerous tumour in the larynx resulting in loss of voice and requiring to learn new methods of speaking.

Psychology Unit

The Institute has eminent expertise to conduct developmental assessments on children to identify developmental delays (DQ/SQ).

IQ Assessment: Intelligent quotient (IQ) or IQ tests are conducted to measure aptitude and intellectual capacities and provide an estimate of an individual's mental abilities.

Intelligence Tests: Studies the general intellectual abilities of an individual to measure not only a single trait but also a range of abilities including memory, verbal ability, reasoning skills and numerical ability.

Personality test: Aims to describe aspects of a person's character that remain stable throughout that person's lifetime, the individual's character pattern of behavior, thoughts, and feelings.

Behavior modification: Is a treatment approach, based on the principles of operant conditioning, that replaces undesirable behaviors with more desirable ones through positive or negative reinforcement.

Psycho-educational Assessment or Learning Disability Assessment: Evaluates an individual's psychological and academic issues and spells out the needs for special education placement and services required for effective remediation of the child. School for children with Autism and Learning Disability, slow learners.



Other Unique Specialized Services

Reaching out beyond medical diagnostic and clinical services, the Institute has enlarged its commitment to the cause through founding and efficient management of schools that cater to specific needs :

School for children with Autism and Learning Disability for slow learners.

Sunaad School for Hearing Impaired that provides primary and middle school main-stream education in Kannada and English medium for hearing impaired children.

Sign Language Training trains individuals with basic sign language skills necessary to communicate with individuals with hearing impairment and become professional interpreters for them through short term and diploma level courses in Indian Sign language.

National Institute of Open Schooling (NIOS) through which the institute provides coaching and training for individuals appearing for examinations conducted by NIOS, for out-of-school children with special needs.

Mothers' Training Centre that provides early and intensive intervention for young children with hearing impairment by providing adequate training for their mother.

The services offered by the Institute are expanding meeting every emerging need in the society.

Placement Cell - A separate cell that is well connected with the corporate world has been set up for finding rewarding and suitable jobs / careers for speech and hearing impaired adults.

Mobile Camps and Outreach

Screening Services are regularly conducted at neonatal wards of hospitals and nursing homes, schools, villages, community health centres, institutions and organisations which identify speech, hearing and learning problems.

Physiotherapy:

- Facilities available include ultrasound, massage, IFT, was therapy, CPM, Stimulation and TENS
- Conditions that can be treated include low back ache, cervical spondylosis, knee pain (arthritis), shoulder injuries, stroke and other neurological conditions. Podiatric conditions like cerebral palsy, etc.



Mobile Speech and Hearing Outreach Clinic is a joint program of



LIONS CLUB OF BANGALORE EAST

&

DR. S.R. CHANDRASEKHAR
INSTITUTE OF SPEECH AND HEARING



Sponsored by

LIONS CLUBS INTERNATIONAL FOUNDATION



**SERVICES : ASSESSMENT, DIAGNOSIS, REFERRAL, PRESCRIPTION,
COUNSELING & TREATMENT TO PERSONS WITH**

HEARING LOSS ♦ **CEREBRAL PALSY**
DELAYED SPEECH DEVELOPMENT ♦ **APHASIA**
VOICE DISORDERS ♦ **CLEFT LIP AND PALATE**
MISARTICULATION ♦ **DIFFICULTY IN SWALLOWING**
AUTISM ♦ **STUTTERING** ♦ **BALANCE ISSUES**



NEWBORN HEARING TESTING IS PRIORITY

Contact :

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Hennur Main Road, Lingarajapuram, Bangalore 560 084

Ph: 2546 8470 / 2546 0405 / 2547 0037

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