

**TEACHING LEARNING PROCESS REFLECTING
FACILITATION OF CREATIVITY, ANALYTICAL SKILLS
AND INNOVATION AMONG STUDENTS**

LARYNX MODEL MADE BY STUDENTS OF MSC SLP FOR WORLD VOICE DAY
2022





21-Apr-2022 3:32:01 pm
Lingarajapuram
Bengaluru
Bangalore Urban
Karnataka



21-Apr-2022 3:31:52 pm
Hennur Main Road
Lingarajapuram
Bengaluru
Bangalore Urban
कर्नाटक

POSTERS MADE BY STUDENTS FOR APHASIA AWARENESS MONTH (JUNE)

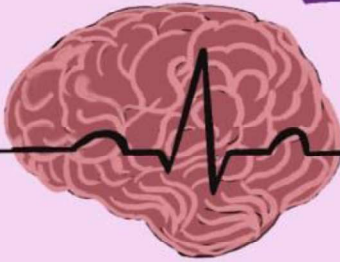


Dr. S. R Chandrasekhar Institute of Speech and Hearing

Hennur Road, Bangalore- 560084



**STROKE
PREVENTION**



EAT HEALTHY

Choose healthy meals and snacks
Include plenty of fruits and vegetables

CONTROL YOUR BLOOD SUGAR

Aim for a fasting blood glucose
less than 100mg/dL

**MONITOR YOUR
BLOOD PRESSURE**

Consult a physician if
there is any variation.

KEEP A HEALTHY WEIGHT

Obesity increases your risk for stroke.
Calculate your BMI regularly

WATCH YOUR CHOLESTEROL

Strive for a total cholesterol
less than 200mg/dL

KEEP MOVING!

30minutes to 2 hours of moderate intensity
aerobic physical activity such as
a brisk walk is recommended

LIMIT ALCOHOL

Too much alcohol can raise your
blood pressure

QUIT SMOKING

Quitting can help lowering your
risk of having a stroke.

Developed by : Department of Speech and Language Studies



Tips to communicate with your loved ones

- On the same page? **YES!** **NO!**
★ Confirm that you are communicating successfully.

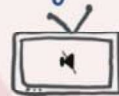
- Be patient!
★ Give them time to speak
★ Do not try to finish their sentences for them



- Attention please!
★ Make sure you have their attention before you start.



- No noise!
★ Eliminate background noise.



- Do not shout!
★ Keep your voice at a normal level, unless indicated otherwise



- Do not talk down to them!
★ Keep communication simple.
★ Use key words.



- Good job!
★ Praise all attempts to speak. **APPLAUD!**
★ Downplay errors.



APPLAUD!

- Add to your speech!
★ Use facial expressions, gestures, writing, drawings



- You can do it!
★ Encourage them to be independent.
★ Do not be overprotective



- Make them feel included
★ Engage them in activities
★ Do not let them feel ignored.

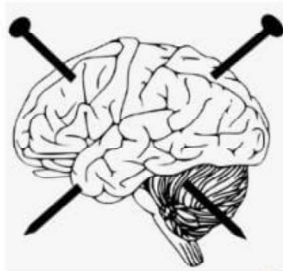




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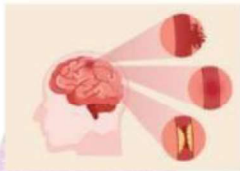
APHASIA Awareness



APHASIA is

an impairment of language, affecting the production and/or comprehension of speech, reading and writing.

Due to injury to the brain
stroke, head trauma, brain tumors, or infections.



Symptoms

- F - FACE drooping or numbness
- A - ARM weakness
- S - SPEECH DIFFICULTY
- T - TIME to get help



Prevention

Eat heart healthy diet, maintain healthy weight, regular physical activity, avoid smoking and alcohol intake, control blood pressure and diabetes, monitor cholesterol levels.



Team that provides services

Neurologist, Speech Language Pathologist,
Psychiatrist/Psychologist, Occupational therapist, Physiotherapist

Management committee

Chairman: Lion V V Krishna Reddy

Treasure: Lion VS Shanthavadhan

Secretary: CADL Suresh Babu

STUDENTS MADE REELS ON AWARENESS ABOUT COCHLEAR IMPLANTS ON THE OCCASION OF INTERNATIONAL COCHLEAR IMPLANT DAY (25/02/2022)



 **Dr.S.R.Chandrasekhar Institute of Speech and Hearing**
(A unit of Bangalore Speech and Hearing Trust)
(A project of Lions Club of Bangalore East) 

The Department of Hearing Studies in collaboration with IQAC
Celebrates
International Cochlear Implant Day 2022
25/02/2022

Follow us on our social media handles to know about the activities:

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Dr S R Chandrasekhar Institute of Speech and Hearing

 Instagram Page:
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 **MANAGEMENT COMMITTEE MEMBERS:**
Chairman: Lion V V Krishna Reddy
Treasurer : Lion V S Shanthavadhan
Secretary: CADL Suresh Babu 